

CAPSULE

Magazine
Fall 2018

MAKING DREAMS A REALITY

Exploring the impact of scholarships
at the Capstone College of Nursing

4 MAKING DREAMS A REALITY

10 BAMA NURSES MEAN BUSINESS

18 A NEED FOR NURSES

THE UNIVERSITY OF
ALABAMA

Capstone College of
Nursing



*Capstone College of
Nursing*

JOIN US!

Every gift to the Capstone College of Nursing Alumni Association adds up to something big. Let's make a difference together. Join us today by using the envelope located in the center fold of our magazine or by going online to nursing.ua.edu/giving. For more information about how you can support our College, please contact Anita Hamlett at 205-348-9876 or ahamlett@ua.edu.

THE UNIVERSITY OF ALABAMA®

CAPSULE

IN THIS ISSUE

- 3 DEAN'S MESSAGE
- 4 MAKING DREAMS A REALITY
- 10 BAMA NURSES MEAN BUSINESS
- 16 SYMBOLIC SHIFT
- 18 THE NATION'S NEED FOR NURSES
- 24 ALUMNI NEWS
- 26 ALUMNI & FRIENDS
- 30 ANNUAL REPORT
- 46 COLLEGE NEWS
- 48 NEW FACES
- 52 GIFTS TO THE COLLEGE

CAPSULE

DEAN

Suzanne S. Prevost

GRAPHIC DESIGN

Rosemary Russell

CONTRIBUTING PHOTOGRAPHERS

Patrick McIntyre, UA Photography,
UA Strategic Communications

DIRECTOR OF DEVELOPMENT

Anita K. Hamlett

CAPSTONE COLLEGE OF NURSING

Box 870358
Tuscaloosa, AL 35487-0358

COMMENTS, SUGGESTIONS, QUESTIONS

Rosemary Russell
rurussell@ua.edu

The University of Alabama
is an equal opportunity educational
institution/employer MC8984

NURSING.UA.EDU



DEAN'S MESSAGE

Providing an atmosphere that encourages growth is essential to the success of any institution of higher education. The Capstone College of Nursing prides itself in offering a stimulating environment where students, faculty, community partners and friends in the health care industry can develop to their fullest potential. We deliver outstanding opportunities for learning in traditional classrooms, online courses, clinical labs, continuing education conferences and speaker events, and through supervised clinical work experiences.

Our College continues to be the school of choice for many of the best and brightest nursing students in Alabama and beyond. While enrollment across UA's campus has increased gradually every year for the past five, nursing enrollment has grown even faster.

While reading this issue, you will learn more about CCN's program developments, additional admission cycles, and plans to expand our building.

We hope you will "catch up" with old friends in the Alumni & Friends sections of the magazine!

Anytime you have news you'd like to share, please send us an update through our website in the Alumni & Friends tab. We love staying in touch!

As you read, you may notice some changes to the Capsule; in this issue, we have included CCN's Annual Report, offering a snapshot of the College's year. We want all of you to know what we have been working on over the past year, and see what progress we are making in multiple areas of the College.

In the near future, we may be calling on our alumni and friends to help us grow to meet the needs of our current and future nursing students. By working together to expand our capacity, we can encourage and produce even more nurses who use their knowledge and skills in service to others.

Suzanne S. Prevost, PhD, FAAN, RN
Angelyn Adams Giambalvo Dean and Professor



MAKING Dreams → A REALITY

In 1999, I spent almost three months with my husband at the Mayo Clinic in Rochester, Minn., where he underwent a serious surgery. Miles from home and disconnected from our network of family and friends, we relied on the care and kindness of his nurses. Although his wounds have since healed, we remain indebted to those amazing nurses who exhibited genuine warmth and concern in our time of need. It takes a special person to commit to serving others like our nurses did. Every night, while the rest of the world sleeps, nurses across the globe are awake – offering comfort, administering care and saving lives.

For an individual who dreams of becoming a nurse, but cannot afford to earn a degree, scholarships provide the necessary financial assistance to help a student make that dream a reality. Today, 18 years since that Mayo experience, I am blessed to have the opportunity to help donors establish endowed scholarships that provide funds for qualified nursing students.

There are at least two stories behind every scholarship awarded at the Capstone College of

Nursing – one story behind what led the donor to create the endowment, and another behind what led the student to pursue a nursing degree. Some warm your heart, others break it. CCN's annual Scholarship Luncheon is the perfect culmination of all stories surrounding our scholarships. That special event allows our donors the chance to learn more about their scholarship recipients, to connect with other donors and to hear firsthand how much our students, and our College, appreciate and value their contributions.

In order to provide just a glimpse into what we hear at the scholarship luncheon, we interviewed three individuals – a current student benefiting from a CCN scholarship, a recent graduate who was able to achieve her goal because of financial support, and a couple who recognized the need to give back in a special way and now reap the benefits of having developed relationships through the years with their scholarship recipients.

Anita Hamlett
CCN Director of Development

Aarin Eddy pictured with her brother, Bunt, Aunt Penny Terry and Uncle Shannon Terry.

ACHIEVING THE DREAM

Aarin Eddy is a fifth semester nursing student from Hatton, Ala. Eddy had her heart set on attending UA, but knew there would be many obstacles to overcome to make her dream a reality. But this was something she knew she could handle as she had already conquered a number of personal obstacles, well before her high school graduation. When Eddy was four months old, her mother unexpectedly passed away. Her father battled an ongoing drug and alcohol addiction, which eventually led to an arrest and 15-year jail sentence. At the time of his arrest, Eddy was just 10 years old; prior to his arrest, Eddy's father had given full custody of Aarin and her brother to their grandmother.

"She was our support system and our rock, filling our lives with love and happiness. She always went above and beyond to give us the life that other children had, and never once complained or thought about herself. Her ability to provide for us was truly amazing."

In April 2011, Eddy's grandmother was diagnosed with end-stage cancer; 28 days later, she passed away.

"Prior to her death, especially in my earlier teenage years, I was broken and angered by why I had been given so much misfortune and hurt at such a young age. It was the death of my grandmother that offered me peace and understanding toward why certain things had occurred in my life. I now could see how unbelievably lucky I was to have been raised by such an outstanding woman that I was able to learn so much from. After she passed away, I decided to be the best version of myself I could possibly be. I made it my life's goal to make sure she would be proud of the woman I became."

It was over the course of her grandmother's battle with cancer that Eddy first considered nursing as a career. She was able to see how the nurses aided in the care of her grandmother, both in the hospital and in home health settings. Eddy helped in whatever way she could to improve her grandmother's quality of life during that difficult time.

"I realized that if I was strong enough to care for the person I loved most in this world during her final days, I could care for others, as a nurse."

After her grandmother's passing, Eddy threw herself into her studies and discovered a passion

for the sciences. She felt that her desire to help others, paired with her love of science, would make her a great nurse.

Eddy first visited UA during her senior year of high school and fell in love with the campus. And knowing that her goal was to ultimately become a nurse, she began researching the Capstone College of Nursing.

"I researched its credentials, NCLEX pass rates, and what made it stand out in relation to other nursing schools. I immediately noticed the five semester program in relation to many schools requiring only four semesters, and probed further to find that much of my last semester (around 200 hours to be exact) would be spent one-on-one with a registered nurse. I was sold."

Although the additional cost of the program's fifth semester weighed on her mind, Eddy felt CCN would best prepare her to become an "exceptional, compassionate and highly qualified nurse." She decided prior to applying to UA that she would apply for every scholarship she could. If she did not receive the funding she needed, she would attend a smaller school closer to home. She was thrilled when she was awarded a first-generation scholarship that allowed her to enter her freshman year at UA; but her anxiety returned when she realized she would still need substantial assistance from student loans to complete her BSN. It was then she learned she would be awarded additional scholarships through CCN.

"The news of receiving scholarships through the Capstone College of Nursing finally offered the relief I was desperately seeking. I continued to work throughout college but now could focus on what I had come to UA for, my degree in nursing."



Aarin Eddy was the featured speaker at CCN's 2018 Scholarship Luncheon.

These scholarships not only lessened the financial burden of higher education, but also bolstered her self-confidence at a crucial time.

“I was first notified that I had been selected as a scholarship recipient the spring semester of my sophomore year, just as I was preparing to apply to upper division. Before applying, I was struggling with doubts and uneasiness. Aside from my financial concerns, I also was doubting my abilities as a student. I knew the Capstone College of Nursing was very competitive, and only those who excelled in lower division would be accepted. I had little confidence in myself and my ability to succeed in the program. The news of receiving scholarships from the Capstone College of Nursing came just in time to reassure me that I could achieve my dream of graduating from such an esteemed program. This scholarship offered me a new confidence in myself that I had lacked before. Knowing that donors I had never met believed in me enough to offer financial support was an amazing feeling. It pushed me to work harder than ever before.

These scholarships allowed me to worry less about my finances and instead focus on my academics, work, and volunteer interests. My donors have played a major role in my success and my opportunity to obtain my BSN from this prestigious program. I hope that one day I will be able to give back to the program that has given me so much. I aspire to make someone’s dreams a reality, just as my donors have for mine.”

LIVING THE DREAM

Emily Andrews is a Tuscaloosa native who graduated from the Capstone College of Nursing in December 2016. Growing up with fond memories of the unique culture and tradition that surround UA, Andrews always knew she would attend the University. But her desire to become a nurse was born out of a trying time in her childhood. At age nine, her father was diagnosed with terminal esophageal cancer. Seeing the influence nurses had on her father’s care made a lasting impact on Andrews.

“I witnessed how his suffering seemed to be alleviated when his favorite nurses were assigned to his room. At that young age, I knew I wanted to bring comfort to others like his nurses did.”

Like so many students, Andrews would bear the weight of her college tuition. Knowing what a substantial undertaking that would be, she applied

for and received a number of scholarships through CCN.

“The scholarships I received helped lift a huge weight off my shoulders and helped me concentrate more on what was important, my education.”

In Andrews’ fourth semester of nursing school, tragedy struck her family again when her mother passed away in a car accident. One of the memories of CCN that stuck with her the most came in the difficult time following her mother’s accident.

“The entire College of Nursing came together like nothing I’ve ever seen before. I have never felt so supported, loved, and cared for from someone outside my family. Everyone who reached out made such an impact on me. I know I could not have made it through the rest of my semester without their support.”

After her mother’s passing, Andrews found herself redirecting the funds she saved for nursing school to help care for her younger brothers.

“Once again I was graciously granted a scholarship that allowed me to stay in school. I am so thankful for the opportunities I have been given and that would not be possible without the scholarship donors’ help.”

Soon after accepting her first job in the Pediatric Burn Unit at Children’s of Alabama, Andrews realized

Emily Andrews in her CCN scrubs.



“CCN must really be a step above the rest.” Although she knew there was much to learn, she felt prepared for her career, and her background helped everything click into place. While in nursing school, Andrews did not have much interest in pediatrics, but a friend had precepted at the Pediatric Burn Unit at Children’s and knew Andrews was interested in wound and burn care; she suggested Andrews look into an open position there. Now, Andrews cannot imagine working with anyone but children.

“Kids are so resilient. I love seeing them feel better and their personalities come bursting back! Every day caring for my patients offers reassurance that I am in the right field. I could not imagine doing anything else.”

Andrews found an added bonus of being a Bama nurse – many of CCN’s outstanding alums are now her coworkers at Children’s of Alabama.

“Having other CCN graduates in the hospital has been so beneficial. My closest friend in nursing school is actually on our sister unit across the hall. If I had a question and someone on my unit was not available, I knew I could just call her and see if she had been through a similar situation. It has also helped me get plugged in and be more comfortable in a new city.”

When asked what advice she would offer current students, she said, “Listen to your instructors, ask lots of questions, and soak up as much information from them as you can. Each nurse brings such a different perspective to the table and that can help you in the future.”

INVESTING IN DREAMS

Drs. Terry and Linda Olivet have a long-standing relationship with The University of Alabama. Both graduated from UA—Linda in 1964 with her BS in Nursing, and Terry in 1965 with his BS in Chemistry. In 1967, Linda completed her MS in Nursing, and later earned her Doctorate at UAB; Terry completed his MD from UA in 1969. The couple then moved to Minnesota where Terry trained in general surgery and thoracic and cardiovascular surgery at the Mayo Clinic in Rochester.

In 1979, the Olivets returned to Tuscaloosa, where Terry set up the heart surgery program at DCH Regional Medical Center. In 1980, Linda began teaching at the Capstone College of Nursing.

In the 1980s, Norma Mobley, the Dean of Nursing, spoke with the faculty about the need for nursing scholarships.

Drs. Linda and Terry Olivet with their scholarship recipients, Lauren Chase and Rebecca Michel.





“Terry and I decided that we would like to start one. I value nursing education very much and had received scholarship assistance to go to school, and Terry has great respect and appreciation for the contributions nurses make to the care of patients.”

Each year, CCN holds a luncheon to bring together scholarship benefactors and recipients. For the Olivets, those chances to meet the students reinforce their decision to establish an endowed scholarship.

“I am so grateful to our nursing deans who have hosted the annual luncheons for the donors and recipients. It has given us a chance to personally

know and encourage the students.”

When asked about the continued growth of her alma mater, Linda said, “I am delighted to see the growth of the College and the quality of the graduates. It is gratifying to see the expansion of the graduate programs in nursing as well. I see the acute need for nurses now and believe that is going to continue to be an issue. It is reassuring to see all the growth at Capstone to help meet the need for qualified nurses. Personally, Terry and I will likely continue to need their services more and more in the days ahead!”

Capstone College of Nursing Endowed Scholarships

CURRENTLY ENDOWED

Allison & Carlyle Chandler III Endowed Nursing Scholarship
 Angelyn Adams Giambalvo Endowed Scholarship in Nursing
 Ann H. Banks Endowed Scholarship in Nursing
 Anne Evans Allen Endowed Nursing Scholarship
 Annette Gann Jones Memorial Endowed Scholarship in Nursing
 Barbara C. Cleino Endowed Nurse Practitioner Scholarship
 Barbara Hester Lowery Memorial Endowed Scholarship
 Bethany Family Endowed Scholarship in Nursing
 Beulah Springer Bell & Robert Kirk Bell Endowed Scholarship
 CCN Alumni Association Endowed Graduate Nursing Scholarship
 CCN Alumni Association Endowed Nursing Scholarship
 CCN Board of Visitors Endowed Nursing Scholarship
 Carol Sayers Memorial Endowed Scholarship Fund
 Carrie Harris Loper Endowed Nursing Scholarship
 Cathy & Joe Watson Endowed Nursing Scholarship
 Chwe Endowed Nursing Scholarship
 Cindajo Pearce Overton Endowed Scholarship
 Conrad & Mary Bliss Endowed Scholarship
 Constance & Anthony David Reinhardt Endowed Scholarship
 David B. & Mary Beth Partlow Endowed Nursing Scholarship
 Dorothy Sturges Saad Endowed Scholarship
 Edna C. Koss Endowed Scholarship in Nursing
 Evelyn E. Nall Endowed Scholarship in Nursing
 Evelyn Wurm Hardy Endowed Nursing Scholarship Fund
 Glenda & Wayne Hogg Endowed Scholarship
 Gordon & Ann Rosen Endowed Nursing Scholarship
 Encompass Health Corporation Endowed Nursing Scholarship
 Hedy Hinton Waldrop Endowed Nursing Scholarship
 Hill Crest Foundation Endowed Scholarship in Nursing
 James Searcy Snow, Sr., M.D. Endowed Nursing Scholarship

Jennifer Lee Davis Memorial Endowed Nursing Scholarship
 Joyce Cameron Nursing Endowed Scholarship
 Katherine W. Hatcher Endowed Scholarship
 Linda & Terry Olivet Endowed Nursing Scholarship Fund
 Mable Lamb Endowed Scholarship Fund
 Major Charles D. Beard Jr. USAF Ret. Nursing Scholarship
 Marilyn Kay Mitchell Memorial Endowed Nursing Scholarship
 Nursing Alumni Assoc Endowed RN Mobility Nursing Scholarship
 Peabody B. Mayfield Endowed Scholarship
 Prevost Family Endowed Nursing Scholarship
 Robert H. Jackson Endowed Scholarship
 Stella Barnes Thornton Endowed Scholarship Fund
 Thad J. Gomillion Endowed Scholarship
 The Lang Mann LaClair Endowed Scholarship
 Thoracic & Cardiovascular Asso. of Tuscaloosa Endowed Scholarship
 Tom & Toolie Buttram Endowed Nursing Scholarship
 Tuscaloosa County Medical Alliance End. Nursing Scholarship

TO BE ENDOWED

Becky Edwards Nursing Scholarship
 Carolyn Dixon Smith Memorial Endowed Scholarship
 Cathryn Dunkin & Mark S. Boardman Endowed Nursing Scholarship
 Doris Turner Osten Gift Annuity
 Ernesto Perez Endowed Nursing Scholarship
 Hank Elmore Nursing Scholarship
 Joselyn C. Bacon Endowed Scholarship
 Lillian Maria Fleming Laggan Endowed Scholarship in Nursing
 Marietta Stanton Endowed Graduate Nursing Scholarship
 Norma K. Mobley Memorial Fund
 Sara E. Barger Endowed Scholarship
 Woodard Family Endowed Nursing Scholarship

To contribute to a scholarship or support fund, visit give.ua.edu or contact Anita Hamlett, (205) 348-9876.

This list includes Capstone College of Nursing endowed scholarship funds in existence of as June 30, 2018. Contact the appropriate division for any additional scholarship designated for a nursing student but housed in another UA department (i.e., Alumni Affairs, Athletics, etc.)

1. Khiante Falls and scholarship donor, David Partlow. 2. Linda and Terry Olivet, Jack Kane and John and Rita Ferguson. 3. Newell and Anne Allen with RN Mobility student, Kaitlyn Hakel. 4. Lance and HannaJon Ingram and Greg and Jamie Saad with CCN faculty and students. 5. Kiari Kinnie and Richard Snow. 6. Beth, Jason and McKenna LaClair with scholarship recipient, Thuy Tuong.

BAMA NURSES mean business

CCN GRADS CREATING BUSINESSES, AFFECTING HEALTH CARE INDUSTRY

When most of us think of nurses, we default to picturing them in a hospital or clinical setting. While over half of Alabama's licensed nurses work in hospitals, nurses can be found in a number of settings, ranging from colleges or industry, to school, public or community health. In this article, we explore another path some nurses take—that of a nurse entrepreneur. Nurse entrepreneurs use their backgrounds in nursing to develop new business ventures within the health care industry. These nurses lean on their training and creative problem-solving skills to make strides in health care access, technology, patient care and much more.

CCN interviewed three of its graduates who struck out on their own, creating businesses that are making a positive impact on the health care industry and in their communities.

Amy Gillis Bogue graduated from CCN in 2006 and worked in the hospital realm for five years. She lived in Charlotte, N.C., Atlanta, Ga., and Bentonville, Ark., before deciding to move home and open Allegro Family Clinic, a clinic run by nurse practitioners. Bogue had a hand in planning everything, from choosing a name and setting hours of operation to solving staffing issues and even filling in as a nurse PRN. Bogue

has now opened four clinics that include three MDs and 12 NPs and now works as the Executive Director of Allegro Family Clinic.

Philip Fikes graduated from CCN in 1998, and earned his Masters of Nurse Anesthesia from UAB in 2001. Fikes is the owner and president of Capstone Anesthesia Services, LLC, which is a group of advanced practice nurses (CRNAs) that provide anesthesia services for Alabama Heart and Vascular Medicine, as well as Plastic Surgery of Tuscaloosa. Fikes also works part time as a CRNA at Huntsville Hospital.

Joey Selleck graduated from CCN in 2015, and is the Director of Clinical Operations for Epic Vascular Birmingham. Selleck has been a nurse for three years and has experience in emergency, post-anesthesia, and vascular access care. He is board certified with the American Vascular Association and is a member of the Comprehensive Vascular Access Team at the University of Alabama at Birmingham Hospital as well as the Vascular Access Team at Children's Hospital of Alabama. Selleck's current role at Epic Vascular involves treating patients in skilled nursing homes, as well as home health, who are in need of intravenous therapies including PICC line and midline treatments.

Philip Fikes, CRNA and owner of Capstone Anesthesia Services, LLC.





Amy Bogue, Director of Clinical Operations at Allegro Family Clinic. Pictured here with her husband, Matthew.

Fikes: I grew up with my extended family, and my grandfather was diabetic. At an early age, I learned to give him insulin injections.

At what point in your professional life did you decide to start a business? What were the main motivators behind that decision?

Selleck: After joining the nursing field I felt that there were many improvements that could be implemented to help improve patient care. My main motivation to start my own business was due to having the same patient admissions time and time again for complications that could have been avoided. My business was going to alleviate that deficiency, specifically helping patients who were needing constant vascular access.

Fikes: About 12 years into my career, I decided to start my own anesthesia business. I worked as a chief CRNA for approximately eight years managing day-to-day operations for a busy anesthesia group. I learned a lot about business, management and the health care industry. The Affordable Health care Act made positive changes for CRNA reimbursement and motivated me to act on being an independent business owner. With my former experience as a chief CRNA, it was a good time for me to start my own business.

Bogue: When we moved home, we started working in the family business. We already operated pharmacies and my grandfather had the idea to start a clinic. I was the one in the family with a medical background, so together we made it happen. There were a lot of learning curves and headaches along the way, but after a few years we finally have our groove. We recently opened an Allegro Family Clinic in Northport, Ala., and bought a spa to convert to a Medi Spa!

What (if anything) made you hesitate to take the leap into business-ownership? How were you able to overcome the things holding you back?

Selleck: I was hesitant to start my business because I had no experience with marketing or sales. I decided that I needed to take a chance because my business idea made sense to me and to my clinicians. I ultimately decided that my idea was a win-win-win. The patient won, the facility won, and I won. That gave me the motivation to push forward.

Fikes: Lack of business training was my biggest hesitation for starting my own business. I was able to overcome the hesitation through consulting a good friend who had owned a business. He gave me great advice on business entrepreneurship and Godly words of wisdom. While consulting my friend, Wayne, we decided to become business partners.

Bogue: My grandfather is the true definition of an entrepreneur. He started his company from nothing which meant I had a great mentor to kick-start the clinic side. He has taught me so much, and we have a great time working together! I had no hesitations at all.

What were your greatest obstacles in starting your business, and how did you overcome them?

Bogue: My nursing knowledge was primarily hospital based. I had to learn everything for the clinic side. I had no idea how credentialing, billing, or even the flow of a clinic worked. Initially, we hired a consultant to help and make sure we were set up correctly and abided by the law. The saying is true – you live and learn. We made our fair share of mistakes but would always learn from them and continue to grow.

Selleck: The largest obstacle for me was convincing administrators and directors of nursing to change

from their current practice and start using my service. Most people are afraid of change, and giving decision makers the confidence to start a new process requires extensive persistence. Once I was able to explain not only the clinical benefit, but the financial benefit, most administrators were willing to make the change.

Fikes: The greatest obstacle was myself. I had to lose the fear component and focus on the finite principles of starting a business. I hired a lawyer, an accountant, and used the best bank in town, Bryant Bank.

Looking back, is there any one thing you wish you had known before taking the leap?

Selleck: Looking back, I wish I had known the value of a day's work outside the hospital. For example, I felt that I wasn't being productive just because I didn't perform a procedure on a patient. Sometimes a long day of business calls and emails will result in more than you would expect. Not all work has to be clinical.

Bogue: I wish I had known more of the credentialing and billing side of a clinical operation. There were so many new things to learn that I would have been able to catch things on the front end rather than learn the hard way.

Joey Selleck and CCN Ambassadors Garrett Hoard and Tyler Green after Selleck's presentation at the Joe Burrage Memorial Lectureship.



Fikes: Contract negotiation. Negotiating contracts for services is tough. As a nurse, you're always wanting to help someone. In negotiating a contract, there is a good bit of compromise on both parties.

Was there ever a moment you felt your background in nursing gave you an edge in creating your business?

Bogue: CCN is an excellent nursing program that prepared me for more than the nursing skill itself. Our program gave us an overview in different areas of nursing. My family has a business background, and I was able to contribute from the clinical side. My nursing background helped me in everything from hiring staff to really understanding the flow of both

the nursing and administrative side of a clinic.

Fikes: My time at CCN definitely helped prepare me for my nursing career. I was prepared adequately for caring for a wide variety of patients. Early in my nursing career, I became a nurse manager in the Emergency Department at DCH. As a nurse manager, I learned about budgeting, profit and loss reports, supply cost, staffing demands, and day-to-day operations management. The nursing management experience gave me an edge on creating my business.

Selleck: CCN provides a broader view of nursing rather than exclusively patient care in the acute setting. Having seen health care in primary and tertiary care helped me see how acute care practice

can benefit patients outside of the hospital. Thanks to CCN I felt that I was able to draw conclusions by bridging the gap between these two health care settings.

What advice would you offer a current nursing student? Or a nurse considering business-ownership?

Bogue: Nursing school is tough, but it is one of the most rewarding things I have accomplished – stick with it! Nursing is such a versatile career and there are many opportunities to fulfill your career goals. As for a nurse considering business ownership, find a mentor. Don't try to recreate the wheel. Instead, take advice from someone who has been there, and be

prepared to work very hard!

Fikes: As a nursing student, I would advise taking a few beginner business and accounting courses to determine if you enjoy business before starting a business. Business operation is a completely different language than health care. Learn the language first! If you decide that you like business, go for it. Consult with a trusted banker, accountant, and lawyer.

Selleck: My advice to all nursing professionals would be to pursue any idea that you think will make a difference for health care. If you can convince yourself that your idea is important than you can convince others as well.

BAMA DNP PROVIDES "QUILT OF CARE" AS CEO OF HEALTH RIGHT



Dr. Angie Settle, a 2014 graduate of CCN's Doctor of Nursing Practice program is making her dreams come true serving as the CEO and Director of West Virginia Health Right. Health Right is a free clinic in Charleston that provides care for uninsured and under-insured individuals in the area. We recently had the privilege of talking to Dr. Settle about her childhood dream of becoming a nurse and the steps she has taken to make that dream a reality.

"For as long as I can remember, I wanted to be a nurse. Growing up in Charleston, I had a nurse's costume that my parents bought for Halloween, but I wore the thing year round. It came complete with a Red Cross cape and cap. Later, as a teenager, I volunteered at the local hospital (at that time, we were called Candy Stripers) I simply cannot remember a time when I wanted to do anything else.

I have always valued education and believe we benefit from being life-time learners. After high school, I completed many of my core hours from a community college, but transferred to the University of Charleston where I earned my RN degree. I graduated magna cum laude in May 1993.

My first job was in a trauma ICU. Looking back, I am so thankful for that early experience in the trenches, where nurses are so essential to the physical and emotional care of patients in crisis. Even at that young age, I recognized my deep concern for the underprivileged population of people and my compassion for individuals who did not have access to good medical care.

With an ever-growing family, I felt the need to move into a career with more flexible hours and more autonomy. I went back to school and earned my Master's Degree in Nursing as a Family Nurse Practitioner at Marshall University. During my time there, I completed an internship with WV Health Right, a 501(c)(3) free clinic that provides care for uninsured and under-insured individuals in the West Virginia area. Upon graduation in 1997, I became a full-time employee with Health Right, and have been with them for the majority of my career. It is a blessing to be part of an organization that ensures that finances are never a barrier to the care of an individual. I often refer to work at Health Right as the 'Quilt of Care.' Everyone here is offering what they can to provide care to our patients, and it all comes together as the pieces of a quilt to cover the needs presented. For example, Health Right does not hire physicians or dentists, but depends on volunteers from the community to give of their time and expertise to treat our patients."

The same year that she earned her DNP from UA, Dr. Settle was named CEO of Health Right. Below, she shares how CCN prepared her for that role.

"At the time that I went to UA, I had six children at home. My youngest were 2-year-old twins. I also had a 5-year-old, a 7-year-old, an 8-year-old and a 13-year-old, so my house was full. I spent a lot of time researching to see what program best fit my needs and CCN's DNP program was exactly what I needed. I valued that it was asynchronous so I could fit it into my already very full schedule. I could finish my assignments at 2 a.m. if I needed to do so. I found the curriculum and course work very organized, the faculty to be prepared and caring, and the program itself nothing short of perfect. The DNP program gave me a well-rounded education and prepared me to be the advocate that I am today and the courage to hold my own – whether I am addressing a board of executives or members of legislature.

I truly believe that nurses can do anything. An education and background in nursing prepares you to think that way. I am proud that I earned a well-rounded education; although I was not a business major, I knew how to manage an office, share stories of our patients and talk to constituents about the good work of the clinic. Under my leadership, the clinic has expanded its programs. When I came on board, we had an annual operating budget of \$2.1

million, today that it slightly over \$3.3 million. Not only have we added programs, like Behavioral Health and Addiction Treatment and a Teaching Kitchen, but we are also significantly increasing the number of patients we treat each year. In the past, Health Right could see 15,500 patients annually, but now, we treat approximately 27,000 patients each year."

As for advice for students considering following in her footsteps or leading a health career clinic, Dr. Settle offered, "I would encourage them to earn an advanced degree and to make sure that they have a well-rounded knowledge base of the industry that interests them. If you think you will do anything that might be an offshoot from nursing (like running a health care business), you will need to be passionate about your work. As a CEO, you are not just part of the big picture, you are the person responsible for always seeing the big picture. Lots of responsibility comes with positions of leadership, but the unimaginable happiness that comes when you are living within your sweet spot at work is priceless."

Dr. Settle received the prestigious 2018 National Health Equity Award from the Robert Wood Johnson Foundation for advancing the care of the undeserved with two innovative programs, the mobile dental and mobile addiction intervention programs in rural West Virginia.



symbolic shift

PINNING CEREMONIES, A TRADITIONAL RITE OF PASSAGE AS STUDENTS TRANSITION TO NURSES
 BY SANDRA ESTES, EDD, MSN, CCRC

The nursing pin is a symbol of service to others that can be dated back over one thousand years when the Maltese Cross was used to mark battlefield crusaders specifically there to help the injured.

The first pinning ceremony specific to nursing occurred in the 1860s when Florence Nightingale recognized her most outstanding graduates. Later, schools began issuing pins and badges to all nursing graduates as a way to distinguish lay nurses from those formally educated. Borrowing from rich history, graduates wore the pin as a source of pride in their educational institution and their degree. The pin is not simply jewelry; it has long represented the nurses' fulfillment of graduation requirements and their readiness for professional practice.

About 40 years ago, in an effort to reinforce nursing as an educated profession, many four-year institutions began to abandon pinning ceremonies for BSN graduates. Recently the profession has begun to recognize the pin and the ceremony as a valued symbol of the milestone from student to professional.

For years, The University of Alabama followed this national trend, utilizing the typical graduation cap and gown regalia instead of holding a pinning ceremony. A few years ago, under the leadership of Dean Suzanne Prevost, CCN reincorporated the ceremonial pinning as a part of the graduation celebration. The pinning ceremony at CCN has become one of the most memorable moments for faculty, graduates and family members, recognized as a valued symbol of the milestone from student to professional.

Historically, the dean of the school would pin each graduate, but at CCN, each graduate chooses their own unique pinner. This allows the graduate to express their appreciation for someone who has played an essential part in helping them to succeed during this challenging time. Over the years, students have chosen family, friends, spouses, children, faculty members or role models. Faculty members often indicate how rewarding it is when a graduate makes that request.

Last year, when I was selected as a pinner by my student, I began to reflect on what this symbol represents each time a graduate dons his or her pin.

To your patient, the pin indicates you have been trained as a professional nurse at the Capstone College of Nursing. You have the education and skills to care for the most vulnerable in society. You are a professional that is committed to solving complex problems and lifelong learning.

To your administrators and colleagues, the pin shows that you are trained in leadership and professionalism. You are fair minded, a creative problem solver, an employee to invest in, and the kind of person others wish to have on their teams.

To CCN alumni, the pin means that you were trained by faculty who required performance at the highest standards. The faculty who trained you are hardworking, dedicated, intelligent educators who love to nurse. You had to work very hard just to be accepted into this school, and once accepted, realized that you could excel in areas that you thought were impossible. You were accepted by hospital staff as being the best of nursing students, and you will continue to be held in high regard as the best graduates.

Sandra Estes was asked to pin her student, Windham McGuire in December 2017.



Recently, I learned what the pin means to the family member of a patient. It meant that I could go home and shower, knowing this nurse will care for my loved one as their own. So, thank you to all alumni who continue to nurse the way you were trained and take pride in your pin. You are more than a licensed registered nurse; you are a Capstone College of Nursing graduate!

Pride in the Pin



"Working as an 'orderly' while in high school, I recall being impressed with the professionalism I observed in the nurses, including their uniforms, nursing caps and pins.

Their pins especially spoke to me; in fact, I was interested in the story behind each

nurses' pin. I saw beaming pride as they told what their pin meant to them. When I received my first nursing pin, it was much more meaningful to me than the diploma. I felt it was my rite of passage, leaving the role of a student to that of a practicing nurse. Somehow it gave me strength and courage, in what really was a tentative time," said Dr. Titus Gambrell, Vice President and Chief Nursing Officer of St. Mary's Health Care System. Gambrell earned his MSN from CCN in 2012, and continued his studies at UA to earn his DNP in 2016. Today, Gambrell proudly displays his nursing pins in his office.

"I love nursing and have great reverence for nurses that are practicing in clinical settings. The deciding factor for me in pursuing my DNP was the degree's alignment with the practice of nursing. With most of my nursing experience being in a leadership role, I sometimes felt a little removed from what meant so much to me. I felt displaying my MSN and DNP nursing pins would keep me grounded in what should be most important to me in a role as a CNO: patients and nurses. I enjoy glancing over at them and getting to share my stories about my nursing pins with others...they are definitely conversation pieces."

THE NATION'S NEED FOR nurses

CCN TAKES STEPS TO COMBAT THE NATIONWIDE NURSING SHORTAGE

For over a decade, the United States has experienced a severe nursing shortage. This need for nurses will only strengthen as more nurses reach retirement age, all while an aging population contributes to high demand for health care. While colleges and universities consistently produce well-trained nurses, the supply simply cannot meet the demand.

“The number of nurses leaving the workforce each year has been growing steadily from around 40,000 in 2010 to a projected 80,000 by 2020. Meanwhile, the dramatic growth in nursing school enrollment over the last 15 years has begun to level off,” revealed economist David Auerbach in a 2015 issue of *Science Daily*.

According to the American Association of Colleges of Nursing report on 2016-2017 Enrollment and Graduations in Baccalaureate and Graduate Programs in Nursing, U.S. nursing schools turned away 64,067 qualified applicants from baccalaureate and graduate nursing programs in 2016 due to insufficient number of faculty, clinical sites, classroom space, and clinical preceptors, as well as budget constraints. Almost two-thirds of the nursing schools responding to the survey pointed to a shortage of faculty and/or clinical preceptors as a reason for not accepting all qualified applicants into their programs.

The Capstone College of Nursing strives to address the local and national nursing shortage as best it can. While the college faces these same obstacles, it is taking steps to make a positive impact on the shortage by implementing a third admission cycle for both the RN-to-BSN and traditional BSN programs, developing a PhD program, expanding its Nurse Practitioner programs, and working toward a building expansion.



Educating Nurses

Michelle Cheshire, EdD, RN
Melondie Carter, PhD, RN

In 2010, the Institute of Medicine set a specific nursing workforce goal for 2020: that 80 percent of the nation's nurses have baccalaureate degrees. The IOM recognized that nurses prepared with Associate Degrees in Nursing are essential to the delivery of health care, but its recommendation is that for most nurses the ADN degree be a first step in career-long academic progression. CCN's RN Mobility Program is committed to doing its part to help achieve the goal of increasing the number of BSN prepared nurses in the workforce.

RN Mobility launched its first fall admission in 2018, meaning it will now admit a RN to BSN cohort in the spring, summer and fall semesters. For the majority of our students, the BSN degree is a stepping stone to continue their education by seeking advanced degrees. There is growing evidence that patients in acute care settings benefit when nurses with higher degrees provide care. Many of our BSN graduates are enrolling in nurse practitioner programs, and these nurse practitioners are addressing the shortage of primary care and public health providers in many of our rural counties around the country. These nurses are also being prepared to care for an older population with more complex health care needs and to promote wellness across the lifespan. Students who graduate from our RN to BSN program are also going on to pursue doctoral degrees. Doctorally prepared nurses are able to teach the next generation of nurses, advance nurse-led science and discovery, and provide the nurse leadership the nation needs. Many of these nurses are seeking nurse educator positions to help meet the critical shortage of nursing faculty.

We have seen tremendous growth in our RN to BSN program since 2012— our enrollment has grown over 400 percent. We believe that the addition of a fall admission cohort will allow us to educate even more nurses at the BSN level. CCN is passionate about addressing the health care needs of our communities around the country by offering a quality online RN to BSN education that is affordable and flexible. We understand that we all benefit when the nation has the nursing workforce it needs, now and in the future.

Additionally, CCN's traditional BSN program will implement a third promotion opportunity to upper division nursing coursework in spring 2019. Previously, students have only been promoted in the summer and fall semesters; the new spring cohort will allow more students the opportunity to earn their BSN from The University of Alabama.

Health care experts predict the current nursing shortage will continue for some time into the future and CCN strives to prepare as many highly qualified BSN graduates as possible to meet the needs of our community, state and country. Our faculty and staff work diligently to plan for the new cohort's curriculum, class and clinical needs.

Creating Programs

Michele Montgomery, PhD, MPH, RN

One contributing factor to the nursing shortage is the lack of doctorally-prepared faculty available to prepare future nurses. In 2016, AACN found that 2,102 qualified applicants were turned away from doctoral programs due to a shortage of faculty and education sites. In order to prepare qualified nurses to become nursing faculty, more graduate programs are needed as well.

CCN is developing a PhD program in collaboration with the University of Alabama in Huntsville's College of Nursing. The Joint PhD in Nursing Science will focus on preparing nurses to assume faculty roles to engage in teaching and research. This program will have a unique focus on rural and medically-underserved populations which will benefit the people of Alabama, who reside in a predominately rural state. Attention to rural and medically underserved populations is important because access to care is impaired and health disparities exist. Research by nurse scientists is needed to provide evidence related to improvements in data measurement and rural-specific interventions to affect health outcomes, change public policy, and improve allocation of resources.

Currently the state of Alabama has only one PhD in Nursing program. Because doctoral programs are often limited in the number of students they can accept, this has hindered the potential growth of new nursing faculty in the state. The UA/UAH PhD program will offer another avenue to those nurses seeking a PhD, and will contribute to the growth in nursing faculty numbers. Additionally, because



this will be an online program, nurses around the country seeking a quality PhD program will be able to attend. We are hopeful that many of the graduates of the program will choose to remain as faculty at CCN, and we can continue to increase our undergraduate enrollment.

Expanding Programs

Robin Lawson, DNP, CRNP, ACNP-BC, NP-C, CCRN

Alabama's number one health concern is access to care. The primary reason is that Alabama has a shortage of primary and mental health care providers, especially in rural areas. Research has shown that nurse practitioners are more likely than other primary care providers to practice in rural areas. To help address the problem and capitalize on our ability, CCN expanded its Nurse Practitioner program to include single role Family Nurse Practitioner and Psychiatric Mental Health Nurse Practitioner concentrations in the Master's of Science in Nursing program. CCN also developed a Post-Graduate Advanced Practice Registered Nurse certificate program for individuals with an

NP students work in the Simulation Center while being monitored by Dr. Susan Appel.

MSN or doctorate degree who wish to retool as an FNP or PMHNP. Additionally, CCN created a Post-Baccalaureate to Doctor of Nursing Practice pathway for individuals with a BSN degree who desire to complete their advanced nursing educational preparation as an NP while earning a doctorate degree. Previously, CCN offered only the dual PMHNP/FNP concentration in the MSN program in terms of NP education.

Our students receive educational preparation in theoretical and evidence-based knowledge and immersive clinical learning experiences for NP role development. Most of our students complete their clinical learning experiences at practice sites in rural and/or underserved areas which, according to research, promotes NP graduate employment in those same settings. An emphasis is placed on development of professional and clinical expertise essential for comprehensive primary care. The curriculum is designed to prepare graduates to sit for the national board certification exam in their population-focused area of practice.

Over 50 years of clinical research and patient outcomes demonstrate that NPs consistently provide safe, high-quality, and cost-effective care. Nurse practitioners practice in outpatient clinics, acute care facilities and hospitals, and long-term care facilities as specialty care or primary care providers for individuals, families and groups according to their population focus. Nurse practitioners diagnose and manage chronic and acute health problems, and place an emphasis on health promotion and disease prevention. Services provided by NPs include ordering and interpreting laboratory and diagnostic tests, prescribing pharmacologic agents and non-pharmacologic treatment modalities, and teaching and counseling.

Alabama, just like other states across the nation, faces challenges such as increasing chronic conditions, rising mental health and opioid and substance abuse disorders, and escalating health care costs. Nurse practitioners strengthen the health care workforce and maximize the potential to tackle these challenges, especially when barriers to practice are removed. The NP scope of practice in Alabama is restricted by state practice and licensure laws. One significant barrier to practice was removed when Governor Ivey signed the Signature Authority Bill into law this past

legislative session. Nurse practitioners can now sign medical forms associated with the treatment of their patients, which will lead to reduced wait times, decreased health care costs, and improved consumer access to care. Alabama's outdated NP practice and licensure laws that limit the level of care NPs can deliver to patients must be amended, as recommended by the Institute of Medicine and the National Council for State Boards of Nursing. Alabama NPs must be able to practice to the full extent of their educational preparation and scope of practice in order to help meet the state's growing primary and mental health care needs.

Making Room

Anita Hamlett, JD

The Capstone College of Nursing is currently housed in a 64,000-square-foot facility filled with the latest health care tech technology, from the

expansive clinical laboratories with high fidelity human simulators to the digital classrooms with wireless connectivity. Built in 2010 as the "gateway" to The University of Alabama, it is the first building designed specifically for the education of nurses on the UA flagship campus.

However, as the number of qualified nursing applicants increased and programs expanded, the need for additional space to offer exceptional research and training opportunities has become clear.

Recognizing CCN's continued growth and seeing the compelling and longstanding need for new facilities, The University of Alabama Board of Trustees has announced plans for a building expansion on the west side of the College's existing facility, provided that substantial funds are initially secured from private donations.

The proposed three-story, 32,000-square-foot building expansion will significantly enrich the quality of academic space with two 150-seat multi-use classrooms, a home health care lab suite, a practicum lab and examination rooms. With the addition of more than 30 new offices for faculty and staff, the building expansion will address the critical shortage of office space in the current facility. The student experience will be greatly improved by the addition of a food service option on-site, more quiet study areas, collaborative work carrels, private space for academic and career advising, adequate conference rooms with Skype capability and a 2,400-square-foot outdoor terrace.

The CCN building expansion will also increase the applied learning space to help graduate the nurses desperately needed to increase both access to and quality of health care in the state of Alabama and beyond. The increased space will empower nursing

faculty to continue to strive for instructional excellence and will further impact the College's ability to support even more highly qualified candidates in achieving their dreams of becoming professional nurses.

The building expansion is expected to enhance the functionality of the existing facility, allow for significant growth in enrollment and expand academic offerings by adding new specialty concentrations and degree programs.

Fundraising for this project will be underway soon, providing naming opportunities throughout the new addition. This is a great way to create a legacy for you or a family member. If you would like to learn more about how to help make the expansion a reality, contact Anita Hamlett, Director of Development at ahamlett@ua.edu or (205) 348-9876.

Instructors Brian Dickson, Krista Klemm and Brandi Lester with CCN students on their first day of clinicals, spring 2018.





ALUMNI NEWS

Class of 1981

Gwen Holder, MSN, RN, was recently awarded Vanderbilt University Medical Center's Adrienne Ames Transformational Leadership Award.

Class of 1982

Joanne Davis, DNP, ANP-BC graduated with her DNP from UA in 2017; her DNP scholarly project was related to skin tears in the elderly. Davis recently published an article, "STAMP out skin tears: Skin tear assessment, management, and prevention" in the June 2017 issue of American Nurse Today. Additionally as a Nurse Practitioner at the Tuscaloosa VA, has developed a STAMP Out Skin Tears program which has been chosen by the VA Innovators Network as a spark level innovation to be funded for implementation.

Class of 1984

Julie Sanford, DNS, RN, FAAN, was selected to provide Senate testimony in support of Title VIII programs for nursing workforce development. She was the only RN chosen as a witness in this hearing.

Class of 1994

Betsy Bayley Van Etten, RNC, BSN, was recently named the Advocate Nurse of the Year for Advocate Christ Medical Center. She was among 400 nominees for this prestigious award which was given to the nurse who best exemplifies the core values of the system and institution. Van Etten said, "I consider this great honor to be a true homage to the amazing foundation I received as an undergraduate at The University of Alabama and

there is rarely a day that goes by that I don't draw upon or mention my years at the Capstone. Please accept my deep gratitude for making me the nurse I am today!"

Class of 1997

Becky Owings, EdD, RN, FNP-BC, was awarded the CCN Board of Visitors Outstanding Commitment to Teaching Award. The award recognizes exemplary faculty members who by action or idea contribute to UA's mission of teaching, research and service and who, at all levels, have performed in an exemplary manner, above and beyond their normal duties, to further the mission of The University of Alabama.

Class of 1998



Melondie Carter & Stephanie Massey

Stephanie Massey, MSN, RN received the Capstone College of Nursing Distinguished Alumni Award, which recognizes a distinguished CCN graduate who has demonstrated continuous and exemplary contributions to the

profession of nursing and health care.

Class of 1999

Leslie Cole, DNP, RN, was awarded the Outstanding Faculty Practice Award which recognizes and

honors Capstone College of Nursing faculty who have demonstrated exemplary and meritorious faculty practice achievements.

Class of 2010

Abby Horton, MSN, RN, was awarded the Earnestine Tucker Opening Doors Inclusion and Engagement Award which recognizes an individual who has opened doors in health care for others.

Brittany Hughes Justice, MSN, recently began working at Grady Memorial Hospital in Atlanta as an Advanced Clinical Nurse Educator after working as an RN at Emory University Hospital in the Cardiac ICU.

Class of 2011

Ashley Herring Thomas, BSN, RN, MSN, AGACNP-BC, graduated from UAB in August of 2017 with her Adult Gerontology Acute Care Nurse Practitioner degree and is now working as an AGACNP at Grandview Medical Center with a hospitalist.

Tracey Hydrick May, CRNA, and **Newton Tinsley, CRNA**, graduated from Samford in May with their Master's in Nurse Anesthesia.

Amy S. Bailey, RN, BSN, CNOR graduated with her MSN for Nurse Administration in August 2018 and



Congrats to these new CRNAs! Bama grads Tori Street Reyer, Katie Echols Perry, Tracey Hydrick May and Newton Tinsley graduated from Samford in May 2018.

recently passed her Certified Nurse Operating Room Certification. Bailey has been employed at DCH in the Operating Room since September 1999. She and her husband Lance have four children, ages 15, 12, 7 and 3.

Class of 2012

Cara Nachtman Gifford, MSN, AGACNP, just celebrated her five year anniversary working for Emory Health care in the surgical/transplant ICU. During those five years, she has been able to care for Ebola patients, and study at Emory University for her MSN. She now works as an acute care NP at Emory's St Joseph's Hospital. Nachtman said, "I'm grateful for the fundamental nursing skills CCN taught me! All of this would not be possible without that knowledge!"

Katie Echols Perry, CRNA graduated from Samford in May with her Master's in Nurse Anesthesia.

Class of 2013

Tori Street Reyer, CRNA graduated from Samford in May with her Master's in Nurse Anesthesia.

Class of 2014

Holly Schiavone, MSN, RN, CPNP, CNL, ARNP, graduated from Drexel University in June 2017 with a Post Master's Certificate (Pediatric Nurse Practitioner). She is currently a Pediatric Nurse Practitioner with the Pain Service at Nemours A. I. duPont Hospital for Children in Wilmington, Del.

Class of 2016

Meghan Graham, RN, is working at Memorial Sloan Kettering Cancer Center in New York, N.Y. as a pediatric oncology nurse.

Bailey Moore, RN, CCRN-CSC, recently passed both the CCRN exam and the CSC specialty exam. Only around 2,000 nurses in the country have the CSC.

Whitney Anne Cannon, MSN, BSN, NP-C, has been working as a NP with an electrophysiologist in Tuscaloosa after graduating with her MSN from UA.

Titus Gambrell, DNP, MSN, RN was recently named Vice President and Chief Nursing Officer of St. Mary's Health Care System after serving in the role on an interim basis for several months.

Class of 2017

Emily Carter, RN, BSN, started her first job on the Pulmonary Care Unit at Children's of Alabama.

Angelina Szuch, DNP, APRN, was recently named Director of Complex Population Health Services with UnitedHealth Group in Nashville, Tenn.

ALUMNI & FRIENDS



Congratulations to our December 2017 graduates!



Wyndy Looney, Janet S. Awtrey Award recipient, with her family at CCN's annual Honors Day.



Dr. Cassandra Ford, Dr. JoAnn Oliver and Dr. Betty Key at CCN's 2018 Sigma Theta Tau International Induction.



CCN Ambassadors Jeremy James, Michalyn Worth, Samantha Gleason and Leanne Booker at Honors Day.



Abby Horton surrounded by some of her students at CCN's annual Honors Day celebration.



Cathy Boardman, Phyllis Grant, Dr. Melondie Carter and Anita Hamlett congratulate Dr. Becky Owings on her award.



Dr. Alice March, Dr. Safiya George, Celeste Burnum and Dr. Suzanne Prevost following the Burnum Award presentation.



Delores Cole, Anita Hamlett and Mary Frances Slaughter at the Spring Board of Visitors Welcome Dinner.



CCN's DNP students were on campus in April for the annual DNP Intensive.

ALUMNI & FRIENDS



CCN hosted members of UA's Black Alumni Association during UABAA's 55th Anniversary Celebration weekend.



CCN's Brian Dickson and Leigh Dickson at Nursing Night at the Joe. Brian threw out the first pitch!



Congratulations to CCN's August 2017 DNP class!



Dr. Amy Beasley and her class on the first day of clinicals in spring 2018.



CCN grads Lauren Stiles, Alicia Wright and Linda Hildebrand at CCN's Alumni Gathering in Huntsville.



Congratulations to CCN's August 2017 MSN graduates!



Dr. Betty Key, Dr. Mercy Mumba, Dr. Becky Owings and Dr. Josh Eyer at the May 2018 Commencement.



Dr. Mary Ann Kelley and student speaker Taylor Bushnell at the May 2018 Pinning Ceremony.



Congratulations to our May 2018 graduates!

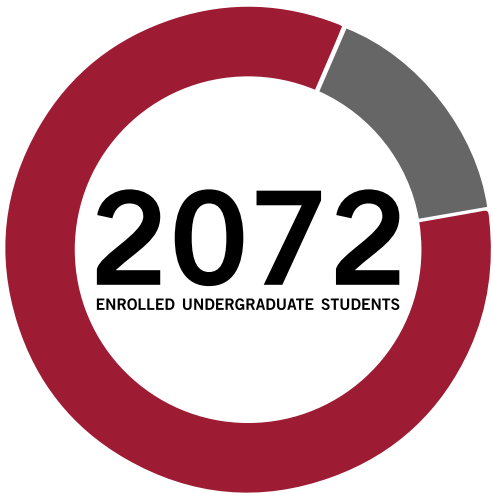


*Capstone College of
Nursing*

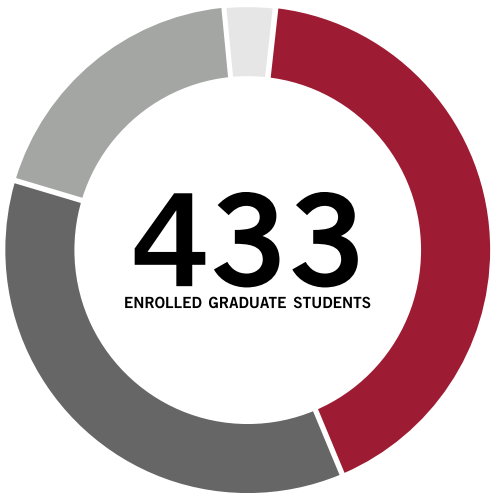
ANNUAL REPORT
2017 - 2018

CAPSTONE COLLEGE OF NURSING

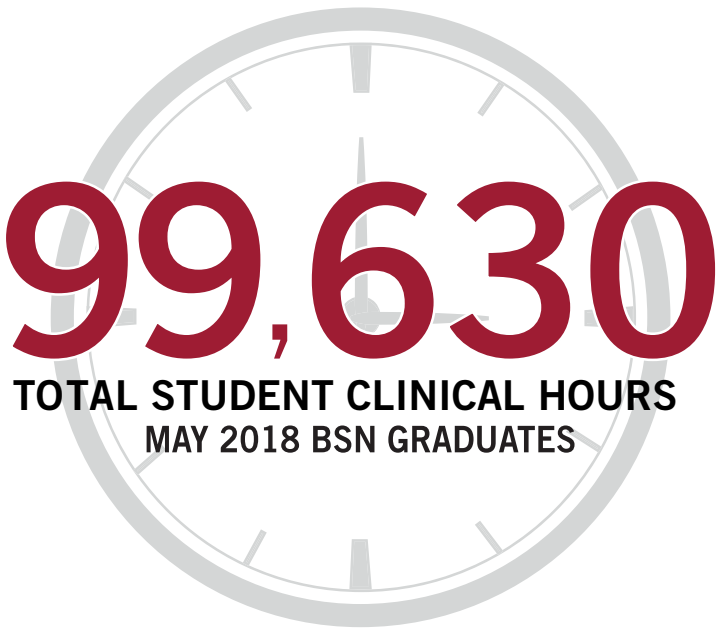
2505
TOTAL ENROLLMENT
FALL 2018



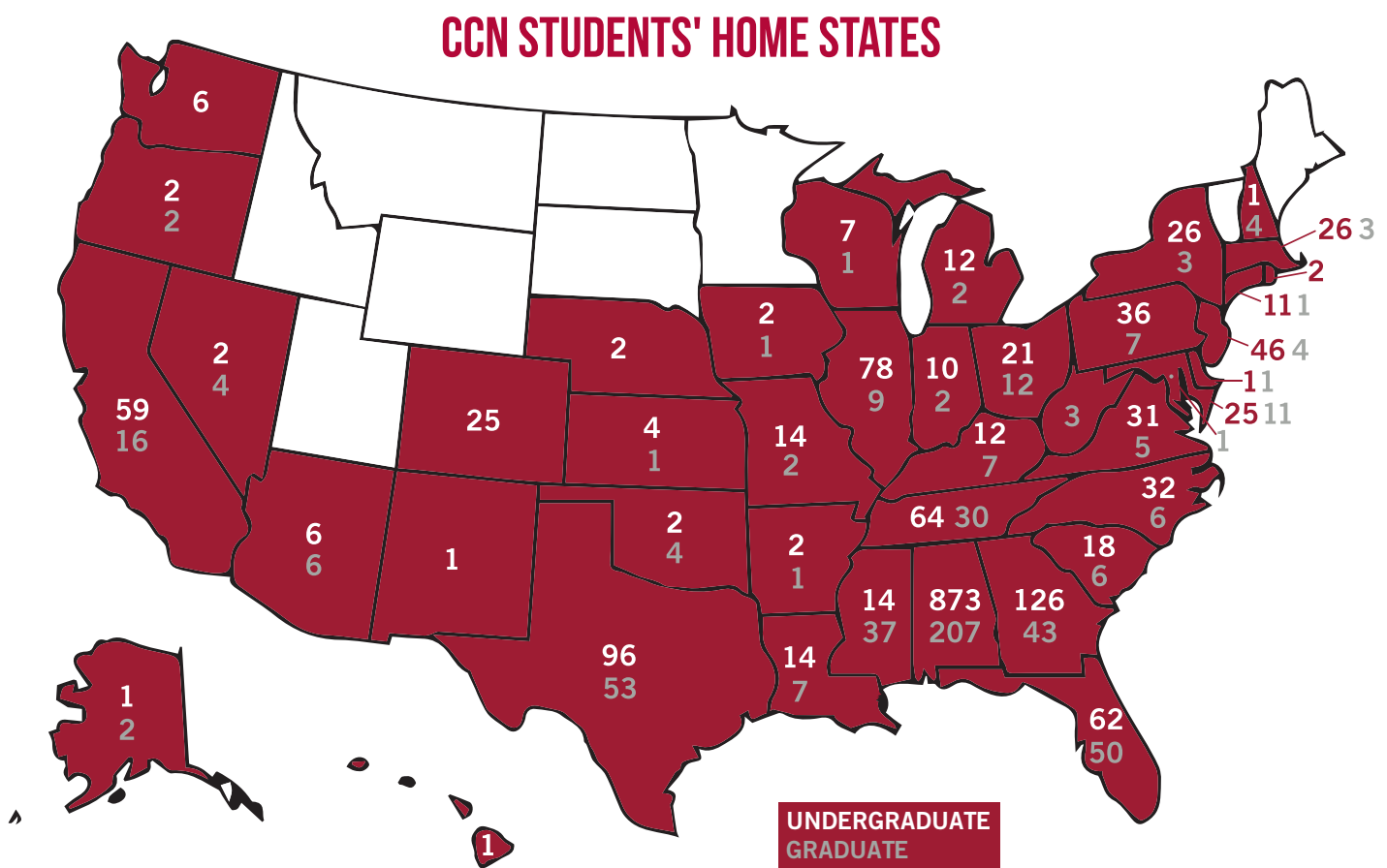
■ TRADITIONAL BSN STUDENTS
■ RN TO BSN NURSING STUDENTS



■ DOCTOR OF NURSING PRACTICE
■ MASTER OF SCIENCE IN NURSING
■ DOCTOR OF EDUCATION
■ POST GRADUATE CERTIFICATION



BY THE NUMBERS



\$2.5
MILLION
GRANT FUNDS AWARDED





STRATEGIC PLAN GOAL #1

Provide high quality undergraduate and graduate nursing education.

Undergraduate Programs

BACHELOR OF SCIENCE IN NURSING

Students in CCN's BSN program experience individualized attention from instructors in classes, labs, and clinical settings. Networked computers, multi-media classrooms, human patient simulators, and the learning resource center provide state of the art technology needed for a quality nursing education.

The ability to learn and practice nursing skills in a simulated environment is right here – all within the heart of Alabama's beautiful residential campus. Students in the traditional BSN program are required to complete 810 hours in a clinical setting over the course of their curriculum. Excellent clinical facilities, from hospitals to home care agencies, health departments to public schools, are available in Tuscaloosa and the surrounding communities. In these settings students will learn to think, act, and practice as a nurse.

Leaders in health care have long recognized the nursing program at The University of Alabama as graduating students with a strong academic background and a well-rounded clinical experience. Students graduate with more than a degree; they have experience – a combination that opens doors to numerous career opportunities. CCN alumni are actively recruited by health care agencies in Alabama and across the nation.

The BSN curriculum plan consists of lower and upper division courses. During the first four semesters of the curriculum plan, designated as lower division, students take required sciences, humanities, and other courses that help to prepare them to function as a professional nurse. Following those first four semesters, students apply for admission into the upper division program which consists of five semesters of nursing courses that make up the professional component of the curriculum, with some that include theory and clinical lab components. Courses focus on providing students with essential knowledge and skills to provide care to persons in a variety of health care settings. Nursing courses are designed to build on preceding semesters; foster the development of critical thinking and progressively independent decision-making; and provide collaborative opportunities for students with other health care providers. Therefore, students must successfully complete all clinical and non-clinical courses in a semester before progressing to the next semester coursework. In addition, a variety of nursing elective courses, including opportunities for independent study, are offered at different times throughout the curriculum.

In January 2019, CCN will implement a third admission cycle for the BSN program.

CURRENT ENROLLMENT: 1,745

RN TO BSN AND RN TO BSN/MSN

The Capstone College of Nursing offers two degree options for RN students. RNs that hold an associate degree or hospital diploma in nursing may enroll in either the RN to BSN or the RN to BSN/MSN track. Both programs of study are designed to allow nurses to continue working while completing the requirements for an advanced degree. All of the nursing courses are taught online and every effort is made to allow students to complete the clinical activities in an area close to their home.

Following completion of the core requirements, RN to BSN students may complete the nursing courses in three semesters of full-time study. In August 2018, CCN implemented a third admission

cycle for the RN to BSN program; we now admit a new cohort of students three times a year, in the spring, summer and fall semesters. A part-time plan of study is available for students who need a slower pace due to multiple demands on their time.

The RN to BSN/MSN track provides an accelerated option for students who choose to pursue an advanced degree as a nurse case manager or a clinical nurse leader. This track requires two years of nursing courses (seven semesters) following completion of the core requirements. The BSN degree is awarded at the completion of the fourth semester. The MSN degree is awarded at the end of the final semester following completion.

CURRENT ENROLLMENT: 327

Master of Science in Nursing Concentrations

CLINICAL NURSE LEADER

The Clinical Nurse Leader program is a distance-based Master of Science in Nursing with all courses offered online. The CNL is a master's prepared generalist, accountable for clinical and health care environmental outcomes. This concentration has grown tremendously this year and students continue to implement creative quality improvements in their clinical setting as part of the required Clinical Immersion Project. Some of these implementations are screening for suicide risk, screening for substance abuse, sepsis screening, mobility intervention for hospitalized adults with chronic lung disease, and a nurse-driven protocol for foley catheter removal (a source of many infections in hospitalized individuals).

The American Association of Colleges of Nursing developed a set of Recommended Clinical Practice experiences for the CNL student which have been incorporated in both clinical courses in the curriculum. Curriculum revisions are planned to ensure CNL students have multiple didactic and clinical courses throughout the program of study. The revisions will not add clinical hours for students, but, instead will help students assimilate the CNL role over a longer period of time, beginning with the first semester in the program.

CURRENT ENROLLMENT: 63

NURSE ADMINISTRATOR

The Nurse Administrator program is a distance-based Master of Science in Nursing with all courses offered online. Incorporating the American Organization of Nursing Leadership's

core competencies and the American Nurse's Association's Standards of Practice for Nurse Administrators in Professional Practice, the Nurse Administrator program of study was developed with two primary goals in mind for the nurse leader: to provide current and future nurse leaders with the knowledge, competencies, and resources to successfully meet the challenges of a volatile health care marketplace to promote patient centric care and quality outcomes through evidence-based practice; and to give them the knowledge, competencies, and resources to be the gateway between patient care and patient outcomes and health care finance and policy.

Our expectation is that graduates from the Nurse Administrator program complete the ANCC Nurse Executive certification upon graduation from the program. This program has been popular with MSN students since inception. We have seen a greater than 200 percent increase in enrollment from 2016 to 2018.

CURRENT ENROLLMENT: 44

CASE MANAGEMENT

The Case Management program is a distance-based Master of Science in Nursing with all courses offered online. This program prepares nurses to assume leadership positions in health care administration and to coordinate and administer case management services at the macrosystems level. Graduates of this program will be able to practice in a variety of settings, assuming leadership positions in health care organizations.

CURRENT ENROLLMENT: 31

DUAL NURSE PRACTITIONER

The Dual Nurse Practitioner program is an online Master of Science in Nursing degree with specialization in the Dual Nurse Practitioner Concentration in Psychiatric Mental Health and Family Nurse Practitioner. This dual NP concentration prepares students to sit for both the Psychiatric-Mental Health Nurse Practitioner – across the lifespan and the Family Nurse Practitioner national board certification exams.

CURRENT ENROLLMENT: 30

FAMILY NURSE PRACTITIONER

The Family Nurse Practitioner concentration prepares students for certification as an FNP. Students complete coursework online and attend two on-campus sessions (one day each) during their program of study.

CURRENT ENROLLMENT: 58

PSYCHIATRIC-MENTAL HEALTH NURSE PRACTITIONER

The PMHNP concentration prepares students for certification as a PMHNP – across the lifespan. Students complete coursework online and attend two on-campus sessions (one day each) during their program of study.

CURRENT ENROLLMENT: 9



Post-Graduate Certifications

NURSE PRACTITIONER POST-GRADUATE CERTIFICATE

The nurse practitioner Post-graduate Certificate program builds on the graduate level nursing competencies and knowledge base. Nurses who are already prepared at either the master's or doctorate level for other roles may apply for the post-graduate certificate program with advanced specialization as a Family Nurse Practitioner (FNP) or Psychiatric Mental Health Nurse Practitioner (PMHNP). The FNP concentration prepares students for certification as an FNP, and the PMHNP concentration prepares students for certification as a PMHNP – across the lifespan. Students in the Post-graduate Certificate program will enroll in existing NP population-focused courses, but they will not be required to complete master's graduate nursing core courses, such as informatics or theory, or direct care core courses (e.g., advanced physiology/pathophysiology (across the lifespan), advanced health/physical assessment (across the lifespan), and advanced pharmacology) if they were completed in a prior master's or doctorate

program. The Nurse Practitioner Post-Graduate Certificate program was approved for full initial accreditation through 2023.

CURRENT ENROLLMENT: 13

POST-MASTER'S CERTIFICATE IN CASE MANAGEMENT

The Master of Science in Nursing program, upon which the post-master's track is based, is designed to prepare advanced practice nurses at the master's level to practice as case managers for rural populations. Nurses who are already prepared at the master's level for roles such as nurse practitioner, clinical specialist, or nurse administrator and who need case management knowledge and expertise to enact the nurse case manager role can apply for the post-master's track. Students in the post-master's track will enroll in the existing case management courses, but they will not be required to complete the nursing core courses, such as research and theory, if they were completed in the master's program.

Doctoral Programs

DOCTOR OF NURSING PRACTICE

The DNP program is a practice-focused doctoral degree that prepares graduates to function at the highest level of specialized nursing practice or to assume leadership positions in health care. Graduates of the DNP program focus on providing care with an emphasis on improving quality and access to underserved and diverse populations.

In May 2018, CCN received official notice from the Commission on Collegiate Nursing Education that its independent DNP program was approved for full initial accreditation through 2023. Additionally, Dr. Alice March received a grant to provide funding through the Nurse Faculty Loan Repayment Program to DNP students who were admitted for Fall, 2018 who are already in a teaching position and commit to service payback.

CURRENT ENROLLMENT: 181

DOCTORATE IN EDUCATION FOR NURSE EDUCATORS

UA's College of Education and the Capstone College of Nursing offer a Doctorate in Education for Nurse Educators. This program is designed to prepare nurses for nursing faculty positions. Graduates are prepared to teach nursing in community or four-year colleges and universities in their area of expertise.

In this program, nurses who have an MSN degree enter the program to earn a Doctorate in Education

for Nurse Educators. Coursework for the program can be completed in three years of full-time study through a blended format of online courses and monthly campus meetings on Friday evenings and Saturdays. At that point the student then completes a 12-credit-hour dissertation project. The dissertation must be completed no later than seven years after first enrollment.

CURRENT ENROLLMENT: 83

DOCTOR OF PHILOSOPHY IN NURSING

In June, CCN received final approval from the Board of Trustees and the Alabama Commission on Higher Education for its PhD program, developed in collaboration with the University of Alabama in Huntsville. The PhD in Nursing program will prepare nurses to assume faculty roles to engage in teaching and research. This joint program will have a unique focus on rural and medically-underserved populations. Attention to rural and medically underserved populations is important because access to care is impaired and health disparities exist.

The UA/UAH PhD program will offer an avenue to nurses seeking a PhD and will contribute to the growth in nursing faculty numbers. Additionally, because this will be an online program, nurses around the country seeking a quality PhD program will be able to attend. CCN will move forward with planning for implementation in Summer 2019.



STRATEGIC PLAN GOAL #2

Increase scholarly productivity and leadership in areas of expertise.

The Office of Scholarly Affairs at the Capstone College of Nursing supports all external and internal grant submissions and reports directly to the Dean of Nursing.

MISSION AND VISION

The Office of Scholarly Affairs supports the overall mission of the Capstone College of Nursing to promote the health and well-being of the people of the State of Alabama, the nation, and the world through nursing education, research, scholarship, and service. OSA supports CCN's vision to be nationally recognized as an innovative and inclusive environment for transforming nursing education, research, scholarship, and service.

PROVIDED SERVICES

- Develop/support faculty in developing all stages of research, including developing a research trajectory and designing and funding research and service projects
- Oversee and support grant proposal development and submission
- Review drafts during preparation and submission of proposals for research, training and program grants
- Provide support for manuscript preparation and submission for publication
- Provide faculty, staff and students with current information regarding funding opportunities, priorities, deadlines, and so forth from federal agencies and foundations
- Ensure resources and information are provided for manuscript writing tools and resources
- Develop and provide organized professional development activities regarding research and grant development based on identified needs
- Seek opportunities for collaboration with other individuals, departments, colleges or institutions and communities relative to research or grants
- Provide reports about scholarly accomplishments
- Support faculty and staff with managing grants and contracts and their budgets
- Advocate on behalf of faculty and staff with central administration regarding grant and/or research related activity
- Act as liaison and administrative support for IRB submission

RECENT PUBLICATIONS

Vogel, N. P., **Appel, S. J.**, & Winker, G. (2018). Improving HPV vaccination rates among young males in rural areas of the United States. *The Nurse Practitioner*, 43(1), 1-6. doi: 10.1097/01.NPR.0000527572.a5.

Booth, L., & Graves, B.A. (2018). Service learning initiatives in rural populations: Fostering cultural awareness. *Online Journal of Rural Nursing and Health Care*.

Harrington, C., **Carter-Templeton, H. D.**, & Appel, S. J. (2017). Diabetes self-management education and self-efficacy among African American women living with Type 2 Diabetes in rural primary care. *Journal of Doctoral Nursing Practice*, 10(1), 11-16.

Stewart, R., & **Carter-Templeton, H.** (2017). A study comparing colorectal cancer screening techniques. *Gastroenterology Nursing*, 40 (2), 121-127.

Carter-Templeton, H., (2017). Social media tools for practice and education. In Nelson, R., & Staggers, N., *Health Informatics: An Interprofessional Approach*. (2nd ed.).

Carter-Templeton, H., March, A. L., & Perez, E. (2018). Use of mobile computing devices among nursing students for information seeking in simulation. *CIN: Computer, Information, Nursing*.

Ratcliffe, C., **Cheshire, M.**, Buckner, E. Dawson, M. Berry, S., McDaniel, G., Ladner, K. (2017). Building bridges: The journey of Alabama's health action coalition. *Nursing Education Perspectives*, 38(5), 259-263.

Cheshire, M. H., Ford, C. D., & Daidone, Y. (2017). An innovative academic/service partnership to increase BSN-prepared RNs in a rural hospital. *Journal of Nursing Administration*, 47(7/8), 376-378.

Cheshire, M., Montgomery, M. & Johnson, P. (2017). Incorporating clinical experiences at a community-based free clinic to improve nursing students' understanding of rural, medically underserved populations. *Online Journal of Rural Nursing and Health Care* 17 (1). 73-86.

Collins-Yoder, A. (2018). Gastrointestinal manifestations of autoimmune diseases. *Critical Care Nursing Clinics*. 30 1-12, doi:org/10.1016/j.cnc.2017.100010899-5885/18

Boltz, M., **Cuellar, N.**, Cole, C. & Pistorese, B. (March, 2018). Comparing an on-site Nurse Practitioner with telemedicine physician support hospitalist program with a traditional physician hospitalist program. *Journal of Telemedicine and Telecare* (impact factor 2.0). <http://journals.sagepub.com/doi/full/10.1177/1357633X18758744>

George Dalmida, S., McDougall, G., Mugoya, G.T., Payne-Foster, P., Plyman, M., Burrage, J. (2017). Engagement of African Americans with rapid HIV testing and HIV care. *HIV/AIDS Research and Treatment Open Journal, Special Issue: Stigma across the Life Span*.

Graves, B.A., O'Neal, P., Roussel, L. & Polancich, S. (2017). EBP design and translation: Teaching how to begin a scholarly practice project. *Worldviews on Evidence-Based Nursing*; 0; 0 1-3. DOI- 10.1111/wvn.12270

Polancich, S., Roussel, L., **Graves, B.A.** & O'Neal, P. (2017). A regional consortium for doctor of nursing practice education: Integrating improvement science into the curriculum. *Journal of Professional Nursing*. (Available online ahead of print at [http://www.professionalnursing.org/article/S8755-7223\(16\)30218-6/pdf](http://www.professionalnursing.org/article/S8755-7223(16)30218-6/pdf)

Gilbertson, S. & **Graves, B.A.** (2018). Heart health in children. Chapter in *Lifestyle in Heart Health and Disease* by Ronald R. Watson.

Hooper, G.L., Allen, R.S., Payne-Foster, P., **Oliver, J.S.** (2017). A qualitative study to determine barriers for prostate cancer screening in African American men. *Urologic Nursing*.

Hooper, G.L., Atnip, S., O'Dell, K. (2017). Optimal Pessary Care: A modified Delphi Consensus Study. *Journal of Midwifery and Women's Health* doi: 10.1111/jmwh.12624

Graniero, C.E. & **Hooper, G.L.** (2017). Prostate cancer: An unfolding case study from symptoms to postoperative recovery. *Urologic Nursing*, 37(5), 235-242,250. do:10.7257/1053-816X.2017.37.5.235.

Harris, C & **Horton. A. G.** (2017). Empowering students to bounce back after challenges [Academic Blog Post]. Retrieved from <http://noba.to/edj35762>.

Johnson, P. & Montgomery, M. (2017). Improving nursing students' comfort dealing with intimate partner violence. *Teaching and Learning in Nursing*, doi: <https://doi.org/10.1016/j.teln.2017.07.002>.

Johnson, P., Montgomery, M., Clark, M., & Taylor, C. (2017). Childhood obesity in a rural community: First steps to cultivating change. *Online Journal of Rural Nursing and Health Care*.

Kaylor, S. K. & Johnson, P. T. (2018). Peace, love, field day: An innovative approach to cultivating healthy academic communities. *Nursing Education Perspectives*.

Key, B. & Wright, V. (2017). Cognitive apprenticeship during preceptorship. *Journal for Nurses in Professional Development*, 33(6), 301-306.

Lippe, M. (2017). Maximizing connections. *Honor Society of Nursing, Sigma Theta Tau International Convention Connection* [blog post]. <http://conventionconnection2017.blogspot.com/>

Currin-McCulloch, J., **Lippe, M., Acker, K.,** & Jones, B. (2018). Communicating terminal prognosis: The provider's role in reframing hope. *Palliative & Supportive Care*. (Accepted 4/2/2018)

Lippe, M. & Carter, P. (2017). Assessing student characteristics in palliative care education research: A literature review. *International Journal of Palliative Nursing*.

Lippe, M. & Hudson, S. (2018). Communication simulation using laypersons as standardized patients: Preparing students for their first clinical day. *Nurse Educator*.

Lippe, M., Jones, T., Becker, H., & Carter, P. (2017). Student preparation to care for dying patients: Assessing outcomes across a curriculum. *Journal of Nursing Education*.

Mumba, M. N. (2016). Employment implications for nurses going through a peer assistance program for substance abuse. *Archives of Psychiatric Nursing*

Mumba M. N., & Snow, D. (2017). Nursing roles in addiction care. *Journal of Addictions Nursing*, 28(3), 166-168. doi: 10.1097/JAN.

Tabet, A, **Oliver, J. S.,** Diaz, R. (2017) Exploring anxiety levels and recidivism rates of patient's with a primary diagnosis of alcohol dependence and withdrawal. *Journal of Addiction Research & Therapy* 8(2). doi: 10.4172/2155-6105.1000314

Stanton, M., Parker, M., McDougall, G., & **Eyer, J.** (2017) Reintegration issues of military nurses- A focus group approach. *Special Issues-Mental Health Today*, 13(1), 1-19.

McDougall, G., & **Stanton, M.** (2017). Delirium and self-neglect. In M.R. Day, M. Dip, G. McCarthy, & J.J. Fitzpatrick (Eds.). *Self-Neglect in Older Adults: A Global, Evidence-Based Resource for Nurses and Other Healthcare Providers*. New York: Springer Publishing Company.

Rodgers, J., **Stanton, M.,** & Jackson, J. (2017). Providing care to COPD patients utilizing in-home visits by Nurse Practitioners. *Population Health Management*.

Strickland, H. & Cheshire, M. (2017) Exploring the correlation between non- traditional variables and student success: A longitudinal study. *Journal of Nursing Education*, 56(6), 351-355.

Strickland, H. & Welch, T. (2018). A capstone simulation for leadership development: Bridging theory to practice. *Nurse Educator*.

Krishnamurthy, M. & **Wood, F.** (2018). Promoting effective searches and use of information by DNP students: Getting the write start. *Nurse Educator*, 63-64. doi: 10.1097/NNE.0000000000000457

PUBLICATIONS (IN-PRESS/ACCEPTED)

Cheshire, M., Strickland, H. (2018). Distance learning strategies in RN to BSN programs: Advancing cultural competence of RNs in providing end-of-life care. *Teaching and Learning in Nursing*. (Accepted 3/5/18)

Cheshire, M., Strickland, H. & Ewell, P. (2018). Measured emotional intelligence in baccalaureate education: A longitudinal study. *Nurse Education Perspectives*. (Accepted 3/6/18)

King, D.D., **Collins-Yoder, A.S.** (2018) Perioperative considerations for patient with concussion. *AANA*. (Accepted 4/11/18)

Mugoya, G.C.T., Hooper, L. M; **George Dalmida, S.,** Bolland, A., Tomek, S., Ufomadu, J., Bolland, J. (accepted/in press). Pain, loneliness, depressive symptoms and employment: A moderated-mediated path analysis. *Disability and Rehabilitation*.

Graniero, C., **Hooper, G.L.** (in press). Prostate Cancer: An unfolding case study. *Urologic Nursing*.

Lippe, M., Johnson, B., Mohr, S., & **Kraemer, K.** (accepted, in press). Palliative care educational interventions for pre-licensure healthcare students: An integrative review. *American Journal of Hospice and Palliative Medicine*.

March, A. L. (in press). Sexuality and intimacy in the older adult woman. *Nursing Clinics of North America*.

March, A. L. (in press). Preface: Selected issues in female health across the lifespan. *Nursing Clinics of North America*.

Welch, T. (2017) (Accepted July) Nutrition options in CCU. *Critical Care Nursing Clinics*.

Krishnamurthy, M. & **Wood, F.** (accepted). Getting the write start: An interprofessional strategy to promote effective use and search of information. *Nurse Educator*.

Lanz, A.S. & **Wood, F.G.** (accepted). Communicating patient status: A comparison of teaching strategies in pre-licensure nursing education. *Nurse Educator*.

ENCOURAGING STUDENT RESEARCHERS

The CCN Research Society, which officially began Spring 2017, continues to work toward recruiting new members and faculty research mentors. The purpose of this club is to increase student interest in, and knowledge of, undergraduate research. The ultimate goal is increasing the number of students who develop their own research projects. Students in both lower division and upper division are encouraged to join the club.

Meetings were previously held once a month during the fall and spring semesters. During these meetings, several faculty presented their research and gave insight into doctoral degrees. In addition to club meetings, members attended the CCN Research Colloquia and worked with faculty on a number of research projects. Senior members of the CCN Research Society who attend meetings regularly will wear an honor cord to recognize their membership in this club at graduation.

OFFICE OF SCHOLARLY AFFAIRS

Safiya George, PhD
Assistant Dean for Research

Lauren Calhoun
Contracts and Grants Specialist

Joshua Eyer, PhD
Methodologist/ Statistician

Soina Huff
Program Assistant

Lacye Taylor
Scientific Writer

Lauren Neal
Hunter Threadgill
Graduate Research Assistants



STRATEGIC PLAN GOAL #3

Attract and support diverse faculty, staff and student populations and promote inclusivity.

The objectives set forth to achieve the third goal of CCN's Strategic Plan include the implementation of strategies to promote diversity among faculty, staff, and student populations, cultural immersion learning opportunities for faculty and student participation, and diversity and inclusivity development opportunities for faculty, staff, and student participation.

The Capstone College of Nursing's Committee on Inclusivity was developed under the visionary leadership of Dean Suzanne Prevost in January 2016 as a way to meet each of those objectives. The members of COI are charged with promoting an inclusive environment at the Capstone College of Nursing. Abby Horton currently serves as the Chair of our committee and through her work and leadership, COI has become one of the leading champions of diversity and inclusion on campus. We are committed to creating and sustaining a diverse, inclusive, and welcoming environment in which every student can thrive at The Capstone College of Nursing.

LEFT: Students and committee members line up for popcorn for COI's fall movie night.

RIGHT: Newly admitted nursing students enjoy popsicles at the COI Ice Cream Social during Upper Division Orientation.



From Top Left: Dr. Shameka Cody, Rebecca Janecke, Dean Suzanne Prevost ; Middle Left: Cynthia Morris, Dr. Norma Cuellar; Bottom Left: Vickie Samuel, Abby Horton, Dr. Joshua Eyer

MISSION STATEMENT:

The Capstone College of Nursing's Committee on Inclusivity supports The University of Alabama's efforts to maintain academic excellence by fostering a diverse and inclusive work and learning environment for all faculty, staff, and students.

VISION STATEMENT:

To promote multicultural awareness and an academic climate that celebrates diversity and inclusion of ALL faculty, staff, and students; one based on RESPECT, APPRECIATION, and RECOGNITION of individual differences and their contributions to the institution.

COI IN ACTION

Each year, CCN's COI hosts and participates in a number of events and initiatives to achieve its mission and vision, including:

- Sponsor Lunch-N-Learns in partnership with the UA Crossroads Heritage Months.
- Host Semester Movie Nights featuring movies with themes of diversity and inclusivity.
- Conduct COI Climate Surveys for Graduate & Undergraduate students.
- COI Monthly Presentations on the LCD panel for Faculty, Staff, and Students.
- Sponsor Harbor Trainings and Safe Zone Trainings.
- Sponsor UA Crossroads Practicing Inclusiveness Engagement Workshop and Ice Cream Social during CCN's Upper Division Orientation.

We asked some of the men of CCN,

"What led you to pursue a degree in Nursing?"



Brian Dickson,
MSN, RN, CPEN
CCN Instructor

"I chose a degree in nursing to be challenged to make a difference in people's lives every single day and because of the ability to be the best part of someone's worst day. I chose nursing for the opportunity to care for others regardless of race or religion, and the satisfaction of being able to help others during illness and difficult times. I chose nursing to be able to engage and enrich the lives of others through compassionate and unwavering care!"



Johnny Tice, DNP, MA,
CRNP, FNP-C, PMHNP-BC
Clinical Assistant Professor

"In childhood we are always asked, 'What do you want to be when you grow up?' My answer to this question changed several times over the years...I wanted to be a policeman, a firefighter, a physician. During my high school years it became clear that I wanted to do something health care related, but I wasn't quite sure where in health care I fit. During my junior year of high school I attended two health care summits that allowed participants to see what life would be like as a physician, and what life was like as a nurse. These experiences showed me the endless possibilities that a career in nursing provided. I like to say that I did not choose nursing, but rather that nursing chose me. My nursing career has been nothing less than amazing and at this point it is safe to say I am vested."



Jeremy James
5th Semester Nursing Student
CCN Ambassador

"The reason why I chose nursing was to serve and help others that may be going through their deepest and darkest experiences."



STRATEGIC PLAN GOAL #4

Participate as teachers and role models for healthy living and work-life balance.

The fourth goal in the Capstone College of Nursing strategic plan is to “participate as teachers and role models for healthy living and work-life balance.” One of the ways CCN has set forth to achieve this goal is to provide activities for work-life balance that increase sense of community and enhance collegial relationships.

One event in particular has become an annual favorite of the College. In 2016, a few members of CCN’s faculty and staff wanted to organize a “field day” as a way to celebrate the end of the spring semester; little did they know, they were creating an event that would encapsulate both health promotion and collegial and community relationships among CCN’s faculty and staff. That first field day was a resounding success, giving faculty and staff an opportunity to cap off the semester with celebration, friendly competition, physical activity and team and relationship building.

Now, having held three CCN Field Days, its original organizers appreciate what the event has become; it serves as a yearly opportunity

for teams to unite in choosing team names and costumes; and, perhaps most importantly, has provided an outlet for CCN’s employees to get to know each other better.

“Field Day was great! I learned new things about my colleagues, and was able to put familiar names with smiling faces,” said Lauren Calhoun, who joined CCN as its Contracts and Grants Specialist in January 2018.

The theme for the 2018 CCN Field Day was “Tropic Like it’s Hot” with teams choosing luau-themed costumes and names. The activities ranged from relay races to pineapple ring toss to coconut bowling. Teams were cheered on by CCN’s volunteer cheerleaders throughout the competition, and the event culminated in a faculty and staff cookout.

CCN Field Day has become a favorite event among faculty and staff, we can’t wait to see what’s in store for Field Day 2019!





COLLEGE NEWS

UA CAPSTONE COLLEGE OF NURSING PROFESSOR RECEIVES BURNUM AWARD

A dedicated nurse, decorated veteran, nurse educator, researcher and administrator received the 2018 Burnum Distinguished Faculty Award, one of the highest honors bestowed on professors at The University of Alabama.

On April 9, 2018, UA presented Dr. Marietta Stanton, professor and former assistant dean for graduate programs at the Capstone College of Nursing, with the prestigious Burnum award.

“Dr. Stanton has been a faculty member here since 1999. In that time she has become a quintessential example of a highly respected and productive faculty member who has been an active leader in educating graduate nurses,” said Dr. Alice March, faculty member and former CCN Dean of Graduate Studies.

The Burnum Distinguished Faculty Award, established by Celeste Burnum and the late Dr. John F. Burnum, is given annually to recognize and promote excellence in research, scholarship and teaching. The award committee, composed of former winners of the Burnum Award, screens nominees and forwards its two top nominees to the UA president, who, in turn, selects the annual winner.

Described as an educator who empowers students to soar to new heights, Dr. Stanton has made a powerful impact on nursing and nursing education

at state, national and international levels.

“Marietta Stanton is an outstanding educator, nurse administrator, leader and researcher. She is a force to be reckoned with and a change agent in classroom, clinical and research settings,” wrote Dr. Ernesto Perez, former doctoral student at the Capstone College of Nursing. “Her way of empowering, motivating and supporting others is unique and humbling. She cares about her students and always inspires them to do better on behalf of patients, families, communities and the nursing profession. I feel that I have been blessed to have her teachings influence my nursing career.”

Dr. Stanton spent the early years of her nursing career in service to our country. Commissioned as a Captain in the U.S. Army in 1977, she served at several military hospitals including the Walter Reed Medical Center. She came to Tuscaloosa in 1999 as Commander of the 75th Combat Support Hospital. Dr. Stanton is the recipient of a number of military awards and honors, including the Legion of Merit.

During her time at CCN, Dr. Stanton has celebrated much success, and was instrumental in the



implementation of the school’s graduate programs. She played a primary role in both the Joint Doctor of Nursing Practice program with UAH and UAB, and the Doctor of Education program in collaboration with UA’s College of Education.

“Her journey has not been without challenges. For example, in March 2004, she was called to active duty to develop a nationwide case management model. At that time she was one of only five regional coordinators who developed and implemented this service. Not only has Dr. Stanton persevered over the challenges of balancing university service with military service as a reservist, she has catapulted the College of Nursing forward since the very beginning of her time here,” Dr. March wrote.

Her practice and research address three primary areas: case management, nurse veterans, and nursing practice and education. Dr. Stanton’s expertise in these areas is demonstrated through her extensive body of scientific publications and contributions to books. She has more than 40 years of experience conducting large scale, collaborative training and research projects in civilian and military health care systems.

Dr. Stanton’s most recent research has focused on post traumatic stress, depression, and other psychological disorders. She is recognized for developing a case management model to provide support for returning reservist soldiers that has been implemented nationwide.

Dr. Stanton has donated funds to create the Marietta Stanton Endowed Graduate Nursing Scholarship. If you would like to contribute to this fund, visit give.ua.edu or contact Anita Hamlett for more information, (205) 348-9876.

FACULTY AWARDS AND HONORS

Dr. Kristi Acker received the “2017 Outstanding Nurse Practitioner Educator Regional Award for West Alabama” from the Nurse Practitioner Alliance of Alabama.

Dr. Susan Appel was appointed Chair of the Behavioral Science Clinical Committee of the American Heart Association, and was also appointed to SNRS Awards Committee (2017-2018).

Dr. Shameka Cody was awarded third place in the poster contest at UAB’s 13th Annual Health Disparities Research Symposium.

Dr. Angela Collins-Yoder was appointed to the American Association of Critical Care Nurses National Task Force Analysis of Critical Care Certification 2018-2019. She was also appointed to the continuing education approval committee for the American Association of Neuroscience Nurses for 2017-2019.

Dr. Heather Carter-Templeton was awarded the International Nursing Academy of Nursing Editors Mentoring Editor Award.

Dr. Joshua Eyer was selected as a 2018 President’s Faculty Research Awardee at UA.

Dr. Safiya George was inducted as a Fellow in the American Association of Nurse Practitioners and was selected for the RWJF Global Learning Exchange in Cuba Leadership Program.

Dr. Robin Lawson was inducted as a Fellow in the American Association of Nurse Practitioners.

Dr. Megan Lippe was selected as a Spring 2018 Learning in Action Fellow by UA’s Office of Academic Affairs and as an End-of-Life Nursing Education Consortium (ELNEC) Award Winner for 2017. She was also appointed as the Sigma Theta Tau International Honor Society Charter Review Task Force Member as well as the Sigma Theta Tau International Honor Society Conference Planning Task Force Committee Chair. Additionally, Dr. Lippe was appointed as the Sigma Theta Tau Epsilon Omega Governance Committee Chair.

Dr. Alice March was appointed editor of “Selected Issues in Female Health across the Lifespan” in Nursing Clinics of North America.

Dr. Mercy Mumba was selected for the 2017 Health Disparities Research Training Award Certification Program from UAB.

Dr. JoAnn Oliver was the Conference Co-Chair of the 6th International African-Caribbean Cancer Consortium Conference on October 6-9, 2017 in Miami, Florida. She was also elected as president of the Board of Directors for Susan G. Komen North Central Alabama.

Dr. Todd Smith was selected for the UA 2017-2018 Junior Investigator Program.

Dr. Theresa Wadas was selected for the 2017 Health Disparities Research Training Award Certification Program from UAB.



WELCOME NEW FACULTY AND STAFF!

KATHLEEN GUNTER, MSN, RN, CCRN-CMC



Kathleen Gunter is a full-time clinical instructor at CCN. She received her BSN from CCN in 2010, and MSN in nursing education from Samford University in 2017. Gunter's nursing career began in 2010 as a bedside nurse in the Cardiac Intensive Care Unit. From 2013 to 2016, she worked part-time as a clinical instructor while maintaining bedside practice in the ICU. While pursuing her MSN, she became the education coordinator at a local hospital. Gunter is pursuing her Certified Nurse Educator certification and currently holds CCRN-CMC certifications as an adult Critical Care and Cardiac RN through the American Association of Critical-Care Nurses.

LAUREN CALHOUN



Lauren Calhoun joins CCN as its grants and contract specialist. She received an MPA from Eastern Kentucky University after completing her undergraduate studies at Emory & Henry College. She has seven years of experience in proposal development with both non-profit organizations and government agencies. In her role with the Capstone College of Nursing, she provides support for proposal submissions.

MICHAEL CALLIHAN, PHD, MSN, RN



Dr. Callihan is an assistant professor at CCN. He received his ADN (2008) and BSN (2012) from Miami University of Ohio. He earned his MSN in nursing education from Gonzaga University in 2014 and his PhD in nursing from the University of Kentucky in 2018. Dr. Callihan is a US Navy veteran, has been an emergency department nurse and worked as a firefighter/paramedic throughout his career.

SHAMEKA L. CODY, PHD, AGNP-C



Dr. Shameka Cody joins CCN as an assistant professor. She is a board-certified Adult-Gerontology Nurse Practitioner. She obtained her MSN in 2012 and her PhD in 2017 from UAB and completed her undergraduate studies at Jacksonville State University and Jefferson State Community College. Her primary research interests include cognition and sleep quality in adults aging with HIV. She was recognized as a Sigma Theta Tau Rising Star in 2013. Dr. Cody's research experience as a Gladys Farmer Colvin Fellow and doctoral scholar led to 18 publications including a book chapter and web publication. She has presented at several local and international conferences including the National Academy of Neuropsychology in Fajardo, Puerto Rico. Her clinical

expertise includes adult primary care, infectious disease, international travel medicine, and women's health. She teaches Adult Health in the undergraduate program.

FRANCES HARDIN-FANNING, PHD, RN



Dr. Hardin-Fanning joins CCN as the Saxon Endowed Chair in Rural Nursing and associate professor. Prior to joining CCN, she was a tenured associate professor at the University of Kentucky where she served in multiple leadership roles. Dr. Hardin-Fanning completed her associate degree in nursing from Morehead State University in 1997, where she received the Outstanding ADN Graduate award. She completed a Master of Science in Nursing degree from the University of Kentucky in 2005 and received the University of Kentucky College of Nursing Alumni Association graduate student award. She completed her PhD in nursing and received the James S. Brown Graduate Student award for her dissertation research related to nutrition in Eastern Kentucky in 2011. In 2016, she completed a Graduate Certificate in Clinical and Translational Science Research Skills.

CHERYL HINES, EDD, RN, CRNA



Dr. Hines joins CCN as a full-time clinical assistant professor. She received her BSN from Jacksonville State University, her MSN in anesthesia from the State University of New York at Buffalo, and her EdD from The University of Alabama. Dr. Hines began working at CCN as a part-time instructor in 2014, and transitioned to full time in 2018. She has been a Certified Registered Nurse Anesthetist for 35 years and continues to maintain her certification. She is a member of the American Nurses Association, American Association of Nurse Anesthetists, American Association of Critical Care Nurses, and Sigma Theta Tau. Dr. Hines's research interests include educational strategies to support teaching and learning related to clinical judgment and the care of the complex client.

AMY LEE, DNP, ARNP, WHNP-BC



Dr. Amy Davis Lee is a new clinical associate professor and women's health nurse practitioner. She received her BSN at CCN in 1990, her MSN from the University of Hawaii at Manoa in 1995, and her DNP from Chatham University in 2013. Prior to becoming

an advanced practice nurse, Dr. Lee was an obstetrics nurse in labor, delivery, recovery, and post-partum settings. Dr. Lee has been an advanced practice provider for 23 years with the past 16 years at the Johns Hopkins Hospital in Baltimore, Maryland, where she also held a joint appointment in the School of Nursing. Her clinical focus and expertise are in family planning, emergency gynecology, intimate partner violence, and general gynecology. She is excited to return to her home state and her alma mater.

GIBRAN MANCUS, PHD, MSN-ED, RN



Dr. Mancus is an assistant professor at CCN. He has over eight years of experience in nursing, including work in behavioral, community, and global health. Prior to becoming a faculty member, Dr. Mancus engaged in health promotion activities with the Peace Corps in Malawi. Mancus received his BSN from the University of Nebraska, an MSN from Daemen College, and his PhD in Nursing at Johns Hopkins University.

SHEILA MULLENIX



Sheila Mullenix serves as administrative secretary to the senior associate dean of academic programs. She is responsible for a wide variety of administrative tasks including collecting data and preparing College reports. She started her career at the University 13 years ago in the Financial Affairs Division. She transferred to Metallurgical and Materials Engineering in January 2017 and then joined the Capstone College of Nursing in April 2018.

RACHAEL MUMBOWER, PHD, BSN



Dr. Rachael Mumbower is a new assistant professor at CCN. She received a BSN with honors from The University of Alabama where she was a Presidential Scholar. Dr. Mumbower earned a PhD from the University of Alabama at Birmingham where she received funding as a Jonas Nurse Leader Scholar. Her clinical expertise is in critical care and emergency nursing. Dr. Mumbower's research is focused on the health of community-dwelling survivors of traumatic brain injury and their caregivers.

ABBY PARKER



Abby Parker joins CCN as the clinical program assistant. In this role, she initiates and processes student placements for the RN-to-BSN program and all graduate programs. Parker has worked for The University of Alabama for two years. Prior to joining CCN, she worked in the College of Human Environmental Sciences where she was employed in the Dean's Office. Parker is a University of Alabama alumni, having received her BS in human environmental science in 2007.

JESSICA RICHARDSON, MA



Jessica Richardson is an academic advisor in CCN's Office of Student Services. In this position, Richardson advises incoming freshmen, transfer students and post graduate secondary students in the lower division of CCN. She graduated from UA in 2009 with a BS in biology, and in 2011 with her MA in secondary education.

ROSEMARY RUSSELL, MA



Rosemary Russell joins CCN as the communications specialist and events coordinator. She earned her Bachelors in communication & information sciences in 2013 and Masters in advertising and public relations in 2014, both from The University of Alabama. As the communications specialist for CCN, Rosemary manages the various external communications of the college, and works with faculty and staff on event coordination.

DELORIS WILLIS



Deloris Willis joins CCN as the executive assistant to the Dean. She is the initial point of contact for administrators, faculty, staff, students and the community. She supports the Dean, the College Administrative Support Team, the Faculty Organization Committee and College Assembly. Willis also manages the Employment Management System for the College. Deloris holds an Associate's Degree in applied science.

THANK YOU TO THOSE WHO SUPPORTED CCN BY DONATING TIME AND RESOURCES THROUGHOUT THE YEAR!

2017-2018 CAPSTONE COLLEGE OF NURSING BOARD OF VISITORS

Anne Allen
John G. Beard
Cathy Boardman, *Chair*
Amy Bogue
Tara M. Bryant
Justin T. Carroll
Allison Chandler
Jung Ja Chwe
Delores Cole
Becky Danford
Sherry H. Falgout
Philip Fikes
Anne Fletcher
Terri Godoy
Phyllis Grant, *Financial Officer*

Sharon Harrison
Rick Hayes, *Past Chair*
Wayne A. Hogg
Mary George Howell
Cam Hughes
Whit Kelly
Allen Klein, *Member Emeritus*
Donna McAllister
Suzy McCallum, *Vice-Chair*
Elizabeth McGiffert
Kim Mitchell
Mary Jim Montgomery
Terri Morgan
Margaret Phelps
Greg K. Rollings

Vanda Scott
Leah Ann Sexton
Mary Frances Slaughter
Mary Smith
Misty Stamper
Donna Urrutia
Teresa Watkins
Cathy Watson, *Secretary*
Heather Wilson
Gail R. Windham
James Woodard
Jane Yarbrough
Regina Yarbrough
Lorraine Yehlen

2017-2018 CAPSTONE COLLEGE OF NURSING ALUMNI ASSOCIATION LEADERSHIP BOARD

Jeremy Blount
Melondie Carter
Cindy Chastine
Philip Fikes, *President*
Cassandra Ford
Steve Galvez

Shelley Jordan
Kayla Cates Knight
Donna LaBresh
David Lee
Stephanie Massey, *Vice President*
Pat McCullar

Andrew McPhail
Nancy Robinson
Joshua Thomas
Johnny Tice
Newton Tinsley



CREATE YOUR
LEGACY

The Capstone College of Nursing has a long-standing tradition of providing an exceptional nursing education. We prepare future generations of caring nurses with the help of alumni and friends, many of whom have provided generous gifts through their wills or other estate plans. For more information about giving opportunities, visit giving.ua.edu/giftplanning, contact Anita Hamlett at 205-348-9876, or call our Planned Giving staff at 888-875-4438.



Capstone College of
Nursing

THE UNIVERSITY OF ALABAMA®

GIFTS TO THE COLLEGE

JULY 1, 2017 - JUNE 30, 2018

CCN ALUMNI ASSOCIATION

Kristi Acker
Demetria Adams
Renee Adams
Newell & Anne Allen
Yuri & Verielen Alvarez
Marcia Anderson Esson
Marilyn Archibald
Elizabeth Ash
Joselyn Bacon
Lucelina Badura
Florence Baker
Sandra Banks
Lisa Beasley
William Beatty
Yolanda Bell
Joseph & Tara Bertulfo
Jan Biasini
Barbara Birmingham
Jeremy Blount
Timothy Booth
Linda Boyd
Marcia Brooks
Linda Cain
Rebekah Carey
Miriam Carmichael
Pam Cash
Marcus & Melissa Cates
Allison Chandler
Vicky Chastain
Nancy Claflin
Elizabeth Cleino
Carol Colbert
Beverly Colditz
Mary Cole
Karenina Coley
Martha Conner
Elizabeth Conway
Carolyn Crow
Gayla Culpepper
Terrye Dachelet
Susan Daniel
Mary Davis
Amelia De Los Reyes
Ellen Dobbins
Vera Douglas
Cricket Downey
Euclid Dudley
Jacqueline Englebert
Daphne Essex
Margaret Factor
Philip Fikes
Lillian Findlay
Dorcas Fitzgerald
Elizabeth Floyd
Cassandra Ford
Emily Forrester
Carol Fox
Holly Freeman
Candis Freeman Veal
Steven Galvez
Angelyn Giambalvo
Jimel Gibbs
Sarah Giles
Barbara Gingher
Emily Gregorius
Alva & Risa Grimsley
Marilyn Handley
Maria Hanik
Gary Hankins
Mary Ann Hankins
Staci Hardwick
Mary Harmon
Nancy N. Harrell
Jonathan & Dawn Harrison
Lizabeth Harvey
Mary Henderson-Strickland
Christy Hermann
Margaret Herzberg
Donna Hewett
Martha Hill
Ernesta Hodnett
Kathleen Huttlinger
John Hybart
Susan Ingle
Audrey Inman
Jill Jensen
Christon Johnston
Teresa Jolley
Jenny Jolley
Fannie Jones
Patrice Jones
Eberechi Kalu
Myra Keleher
Betty Key
Agatha King
Kimberly Kirk
Janna Kirkland
Sharon Kleeschulte
Kathleen Ladner
Tammye Lantrip
Marguerite Lawrence
Jean Lazarus
Amy Lee
P. D. Lee
Peter & Susan Lehman
Brandi Lester
Linduc Pc

Louis McCormick, M.D., LLC
Stephanie Massey
Lisa Mazzaferro
Gale McCormick
Paula Mccullough
Miriam McDaniel
John & Stephanie McHenry
Joan McKinley
Honor McQuinn
Teresa Mills
Heather Minniece
Katherine Molinet
Alan & Kathy Montgomery
Lorie Moore
Sarah Morales
Coretta Morantus-Watford
Patricia Morris
Hannah Nader
Amanda Nelson
Joy Nelson
Abby Nixon
Leslie Norman
Linda Olivet
Letrell Peoples
Jill Picone
Stephanie Pinkham
Shea Polancich
Christy Prendergast
Amy Price
Alyssa Rajkowski
Katherine Reinhard
Candy Rinehart
Cindy Rollins
Ronald Roscoe
Carla Ross
Lisa Ross-Jones
Ellie Russell
Eleatha Sanders
Brittany Sanders
Sharon Sayles
Kaitlin Schaeffer
Kelly McDowell & Caryn Schnellinger
Sandra Sellers
Angela Settle
Bethany Sexton
Paige Shelton
Michelle Simpson
Marta Skelton
Mary Frances Slaughter
Antiqua Smart
Jamie Smith
Mary Smith
Virginia Smith

Estes Smith
Morgan Smith
Starkville Orthopedic Clinic
Nicolette Stasiak
Amber Steeley
Terry Stewart
Jill Stokley
Perry Swann
Mollie Thomas
Judith Thorpe
Johnny Tice
Patrice Tolton
Colleen Treacy
Mary Ulishney
Donna Urrutia
Tina Warren
Teresa Welch
Tracy Welch
Nina West
Rebecca Wezensky
Katherine Whitley
Kylee Whorton
Shirley Whorton
Jacqueline Williams
Toby & Heather Wilson
Dorral Wilson
Catherine Wilson
Judith Wilson
Gwendolyn Wilson
Evelyn Winch
James Woodard
Lynn & Corinne Yonge

CCN GIFT FUND

Leslie Abernathy
Lynn Anderson
William Anderson
Carolyn Becker
Heather Bertsch
James Broadus
Tina Cameron
Melondie Carter
Heather Carter-Templeton
Glenda Elmore
Alexis Espevik
Monika Gragg
Anita Hamlett
Marti Hanson
Hanson Medical Supply
Shelia Heathcock
Cheryl Hines
Gwendolyn Hooper
Abby Horton
Shelley Jordan

Daniel Justice
Chris Katz
Sara Kaylor
Sheila Kelly
Betty Key
Lauren Kimbrell
Kathleen Kimbrell
Allen Klein
Elizabeth LaClair
Mary Lawhorn
Megan Lippe
Alice March
Kimberly Mitchell
Clara Morey
Teresa Morgan
Hunter Morris
Sarah Nash
Julie Novak
Shirley Phillips
Suzanne Prevost
Rosemary Russell
Karin Shady
William Skinner
Todd Smith
Christina Smith
John Spears
Samuel Taylor
Patricia Tyler
Kim Venti
Kathryn Wallace
Matthew Wattigny
Daniel Wood
Ashleigh Woods

CCN BOARD OF VISITORS FUND

Kristi Acker
Marsha Adams
Alacare Home Health & Hospice
Anne Allen
Susan Appel
Janet Awtrey
Sara Barger
John Beard
Jeremy Blount
Blue Cross and Blue Shield of Alabama
Mark & Cathryn Boardman
Amy Bogue
Darlene Bray
Tara Bryant
Capstone Anesthesia Services, LLC

David Carden
Justin Carroll
Bessie Carter
Theresa Carter
Allison Chandler
Elizabeth Cleino
Weldon & Delores Cole
Community Foundation of West Alabama
Christine Curtis
Becky Danford
DCH Health System
Walter & Barbara Dobyne
Jerome Dobyne
Educational and Clinical Consultants
Sandra Estes
Sherry Falgout
Philip Fikes
Anne Fletcher
Pamela Foster
Patrick Francabandiero
Karen Frith
Monika Gragg
Phyllis Grant
James Harris
Tim & Sharon Harrison
Hartenstein Funeral & Cremation Care Inc.
Rick Hayes
Cheryl Hines
Wayne Hogg
Abby Horton
Mary George Howell
Daniel & Kelly Huben
Elizabeth Hughes
Rhoda Hutchinson
Ivey Funeral Service LLC
Donald Jones
Judson College
Sara Kaylor
Whit Kelly
Betty Key
Allen & Janice Klein
Megan Lippe
Marshall Ent & Allergy
McAbee Construction, Inc.
Donna McAllister
Susan McCallum
Elizabeth McGiffert
Barbara Mills
Michael & Kim Mitchell
Mary Jim Montgomery
Teresa Morgan

Mercy Mumba
Stefanie O'Neill
Hugh Overton
Rebecca Owings
Alexandra Peters
Margaret Phelps
Suzanne Prevost
Price McGiffert
Construction Co., Inc.
Nancy Robinson
Greg Rollings
Rollings Funeral Service, Inc.
Ann Rosen
Samford University
Vanda Scott
Leah Ann Sexton
Maureen Shotts
Mary Frances Slaughter
Mary Smith
Southern Funeral Associates, LLC
Misty Stamper
Marietta Stanton
Starkville Orthopedic Clinic
Studio 824
Ann Tinsley
Lisa Tyner
Richard & Donna Urrutia
Jeanette VanderMeer
Viva Health
Cathy Watson
Heather Wilson
Gail Windham
James & Sandra Woodard
Ashleigh Woods
Nancy Woods
Regina Yarbrough
Jane Yarbrough
Lorraine Yehlen

ANGELYN ADAMS GIAMBALVO ENDOWED DEANSHIP

Jack & Angelyn Giambalvo
Giambalvo Family Foundation
Jack Giambalvo Motor Company Inc.

STUDENT SCHOLARSHIPS & SUPPORT FUNDS

Ruth Abrahams
Joselyn Bacon
Cathryn Boardman
Sarah Boshell

Alvina Burke
CCN Flower Fund
Carlyle & Allison Chandler
James & Joanne Davis
Cassandra Ford
Regina Franco
Rebecca Frodl
Casey & Anita Hamlett
Michael Henry
Hong Jiang
Lettie Pate Whitehead Foundation, Inc.
Susan McCallum
Michele Montgomery
Ernesto Perez
Frank & Suzanne Prevost
Emily Prevost
Lisa Ross-Jones
Gregory & Jamie Saad
Shell Oil Company Foundation
Brenda Shimmons
Victor & Susana Skukalek
William & Mary Smith
Marietta Stanton
Starkville Orthopedic Clinic
The Caring Foundation Of Blue Cross And Blue Shield Of Alabama
Douglas & Sandy Tilt
Opal Watson
Justin White
Jeremiah & Kayla White
Felecia Wood

Thank you to all of our generous donors!

We value each donor and do our best to ensure that your gift is listed as you desire in this publication. If you notice your name has been omitted or misspelled herein, please accept our apology and contact the Office of Advancement at (205) 348-9876 or ahamlett@ua.edu.

THE UNIVERSITY OF
ALABAMA[®]

Capstone College of
Nursing

Capstone College of Nursing
Box 870358
Tuscaloosa, AL 35487-0358

Nonprofit Org
U.S. Postage Paid
The University
of Alabama

