

Volunteer Opportunities

Clinical & Patient-Facing

- **DCH Health System (DCH Regional/Northport)** – College Volunteer Program; typical placements on units, guest services, etc. Requires application and weekly commitment (college form available).

<https://www.dchsystem.com/volunteers/>

- **Tuscaloosa VA Medical Center** – Roles include Patient Escorts, Red Coat Ambassadors, hospitality cart, admin support, youth options too. Apply via VA volunteer services.

<https://www.va.gov/tuscaloosa-health-care/work-with-us/volunteer-or-donate/>

- **Hospice of West Alabama** – Companionship, caregiver respite, and office help; submit online volunteer application.

<https://www.hospiceofwestal.com/ways-to-give/volunteer>

- **Good Samaritan Clinic (free/low-cost care)** – Volunteers help in multiple areas supporting care for medically uninsured West Alabamians; apply through “Support Us.”

<https://www.gscclinic.org/>

Public Health, Crisis Response & Advocacy

- **American Red Cross – Central-West Alabama (Tuscaloosa office)** – Disaster response, blood drives, services to military; local chapter details + statewide volunteer intake.

<https://www.redcross.org/local/al-ms/about-us/locations/central-west-alabama.html>

- **Tuscaloosa SAFE Center (24/7 sexual-assault care)** – Volunteers support medical advocacy, outreach, and survivor services; “Get Involved” has details.

<https://www.tuscaloosasafercenter.com/>

- **Turning Point (DV/SA services)** – Options include crisis call support, in-shelter childcare, community outreach, events.

<https://www.turningpointservices.org/volunteers>

- **Medical Reserve Corps (Alabama/National)** – Disaster-ready health volunteers (clinical & non-clinical); free training provided.

<https://aspr.hhs.gov/MRC/Pages/index.aspx>

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Community Health

- **West Alabama Food Bank (Northport)** – Sort/pack/distribute food; individuals & groups welcome.
<https://westalabamafoodbank.org/volunteer/>
- **Temporary Emergency Services (TES)** – Assist clients or work the thrift store (funds services); clear weekday/weekend hours posted.
<https://temporaryemergencyservices.org/volunteer>
- **Habitat for Humanity Tuscaloosa** – Build/repair projects that improve housing stability and health outcomes.
<https://www.habitattuscaloosa.org/volunteer>
- **Caring Days Adult Day Center (Alzheimer's/dementia)** – Volunteer application available; supportive activities with clients.
<https://www.caringdays.org/ways-to-give>
- **Tuscaloosa Community Soup Bowl** – Prep/serve weekday lunch shifts and team-led weekend meals.
<https://www.tuscaloosasoupbowl.com/>